



2026 Camper and Parent Guide



CAMP IS UNDER CONSTRUCTION

Please read the **2026 Summer Guide** for what this summer is going to look like.

There are temporary changes that **will** impact your campers lodging dorm!



WELCOME!

Dear Campers, Parents, Guardians, and Care Providers,

Thank you for choosing Mt. Hood Kiwanis Camp for yourself or your loved one's summer camp experience. We have been providing an overnight Summer Camp on our campsite along the Little Zig Zag River since 1933. We lease our 22-acre site from the US Forest Service and partner with them in the preservation of this delicate ecosystem.

The Montavilla Kiwanis Club of Portland founded the camp for the purpose of serving disadvantaged youth. The camp became an independent non-profit corporation in 1950. By 1957 the focus changed and the camp began primarily serving individuals with developmental disabilities.

In a typical year, MHKC serves over 500 campers throughout the summer and other seasonal programs.

On the following pages, you will find valuable information and everything you need to know about attending Mt. Hood Kiwanis Camp.

Thank you, once again, for selecting Mt. Hood Kiwanis Camp for yourself or your loved one(s).

Sincerely,

Evie Wines
Programs Director
Evie@mhkc.org
971-825-3575

Kathy Werschkul
Program Administrative
Coordinator
Kathy@mhkc.org
971-230-2923

Dave McDonald
Executive Director
Dave@mhkc.org
971-230-2920



ACA ACCREDITATION

Mt. Hood Kiwanis Camp has been accredited for MANY years by the American Camp Association (ACA). MHKC goes through yearly reviews as well as the re-accreditation process every 5 years with 2023 being the most recent accreditation year. This accreditation assures our camper families that MHKC's practices have been measured against national standards and industry best practices.

APPLICATION PROCESS

The application window for Summer Camp will be open for two weeks in January or February. You will need to submit all required paperwork within the application window (Including a BSP if applicable, and excluding the physician's exam due May 15th).

- Applications are **not** time-stamped and **will not** be on a first-come, first-served basis.
- All Campers will all be placed on the waitlist and be enrolled into Camp at random through a lottery, an electronic randomizing system.
- You will receive an email notifying you of enrollment 2+ weeks after the two week application window. If you are not enrolled you will also get an email stating you will remain on the waitlist.

STEP 1: APPLICATION

Apply online using the link on the home page of our website. MHKC uses an online registration system called **CampMinder**. Your CampMinder account is called CampInTouch.

- This system is how you will access your camper's application, forms, and financial information.
- Always remember your log-in email and password as your CampInTouch account is where all required forms will be accessible and submitted.
- Once you complete the application form, you will receive an email confirming the application was submitted*.

*Submitting the application only indicates your intent to enroll – it does **NOT** confirm enrollment.

STEP 2: WAITLIST AND FORMS

All applicants will immediately be placed on the waitlist after applying (don't worry, it's just a part of the process). All required forms will be visible on your CampMinder (CampInTouch) account immediately after submitting your application.

Please take this time to complete all the required forms during the application window. Full submission of forms does not guarantee an enrollment spot into Camp, only a place in the lottery.

STEP 3: ENROLLMENT

Eligible applicants from the previous years waitlist will be in the first lottery round. New and last years returning campers will be part of the second lottery. Though MHKC Staff will make every effort to accommodate the first or second choice of weeks stated on your application, it is not guaranteed.

- If your application is randomly chosen, you will receive an email update confirming enrollment into Camp.
- If your application is not randomly chosen, you will receive an email stating you will remain on the waitlist.
 - If an enrolled camper drops out (which happens!), the empty spot will be filled at random from the waitlist.

STEP 4: FEES AND TUITION

Once you receive the enrollment confirmation email, you will be emailed a bill for your Activity Fee(s) and Tuition with the specific due dates.

- Tuition can be paid in full, broken up into a payment plan, or by an Agency or Brokerage. Campers will not be able to attend camp if there is any outstanding balance. (Agency and Brokerages pay after services are rendered.)

Due dates, payment plans, and fee schedules will be announced after campers have been enrolled.

ELIGIBILITY

(at a glance)

For full eligibility requirements see the **Eligibility Standards PDF** at www.mhkc.org.

Campers interested in attending Mt. Hood Kiwanis Camp must:

- Have a **diagnosed** developmental disability.
- Be program age-eligible by the first day of Camp.
- Be able to **benefit** from Camp physically, mentally, emotionally, and/or socially.
- Show a desire and willingness to participate in Camp activities.
- Be **free from an excessive history of violence** towards self, others, or property.
- Be able to participate with a **1:1 - 2:1 Camper to Counselor ratio** or more.
- Be able to participate **free of 1:1 nursing care** or 24-hour nursing care
- Be able to participate free of life-sustaining equipment.
- Be able to participate **without** the need for constant supervision by a behaviorally (OIS) trained staff member.
- Be able to **sleep through the night independently** in a dorm-style setting.
- Be able to **remain with their group** and listen to the directions of volunteers/staff.
- Be **free from illness**, fever, open sores, rashes, communicable diseases, and Covid-19 symptoms when they arrive at camp.
- Have no outstanding financial balances.

In addition to the above criteria, campers interested in participating in a Specialty Program, (Forest Trekkers and Grounded Explorers) must...

- Be approved by the Programs Director and already have participated in one year of Camp.
- Be able to walk long distances (up to 2 miles at one time).
- Have little to no behavioral support needs.
- Have minimal personal care needs.
- Be able to participate with a 3:1 Camper to Counselor ratio or more.
- Be able to remain with the group and follow directions.
- Have no medical conditions requiring supervision by a registered nurse.

Caregivers:

Some campers may need or require the supervision of a camper-provided caregiver. Due to the space constraints at camp, caregiver spots are limited. In some cases, MHKC may require the camper to come accompanied by a caregiver. There is no fee for the caregiver to attend with a camper. Personal care providers are expected to be with their camper at all times – including at night – and are expected to be able to take care of all aspects of their camper's needs including medication administration while also following all MHKC rules.

Caregivers are housed with their camper, often times on the top bunk.

For questions about whether your camper needs a Caregiver or for general Caregiver questions, please contact the Programs Director.



GENERAL INFORMATION

Mt. Hood Kiwanis Camp offers a traditional overnight camp experience for adults with developmental disabilities. Located on 22 acres on picturesque Mt. Hood between Government Camp and Rhododendron, Oregon, MHKC is committed to providing recreational opportunities through quality adaptive programming, small camper to counselor ratio groups, and highly trained and experienced staff.

Campers get to explore many activities while at camp including:

- Adaptive Biking
- Arts & Crafts
- Campfires
- Cookouts
- Low and High Adventure Course elements
- Fishing (Catch and Release)
- Geocaching
- Hiking
- Horseback Riding
- Karaoke
- Recreation
- Swimming
- Outdoor living skills*
- Outdoor education*
- And other activities

* programs require pre-approval



SUMMER CAMP PROGRAMS

All Genders, ages 18+

MAIN CAMP

Main Camp offers an inclusive and adventurous-filled experience where campers live and participate in activities at the main campsite. Campers are assigned to gender-based groups, staying in lodge or dormitory style housing with 8 campers, 8 counselors, and 2 staff members per group, ensuring personalized support. Activities include an adventure course, horseback riding, fishing, hiking, arts and crafts, swimming, dances, and campfire programs, promoting creativity, exploration, and social bonding. Meals are served in the main dining hall, fostering community, and the camp accommodates individuals with personal care needs and minimal behavioral or medical support requirements, ensuring an enriching and accessible environment.

Camper to counselor ratio: 1:1 - 2:1.

Cost: \$1,637 (Tuition \$1,161.25 + Main Camp Activity Fee \$475.75)

SPECIALTY PROGRAMS*

FOREST TREKKERS & GROUND EXPLORERS

Forest Trekkers stay in lodge or dorm-style housing and participate in all the main camp activities, along with additional adventure elements, water play, outdoor cooking, fire safety, and hiking. Ground Explorers camp in platform tents located a quarter-mile up the road, using portable toilets. Despite the different living arrangements, both groups enjoy the same core activities and adventurous experiences, from outdoor cooking and water play to hiking and fire safety. Each group consists of 8 campers, 4 counselors, and 2 staff.

We aim to maintain our camper to counselor ratio – 2:1 - 3:1. Co-ed.

Cost: \$1,637 (Tuition \$1,161.25 + Main Camp Activity Fee \$475.75)

MAIN CAMP	Forest Trekkers* & Ground Explorers*
Monday - Saturday 6 days, 5 nights	Monday - Saturday 6 days, 5 nights
Weekly 6/23-8/16	Weekly 6/23-8/16
Ages 18+	Ages 18+
Sleep in Cabins	Sleep in cabins (Forest Trekkers) or Platform/Camping Tents (Ground Explorers)
\$1,637 per week (Tuition \$1,161.25 + Main Camp Activity Fee \$475.75)	\$1,637 per week (Tuition \$1,161.25 + Activity Fee \$475.75)
1:1 camper to counselor ratio	2:1 - 3:1 camper to counselor ratio
	Pre-Approval Required

*These programs require a high level of mobility, little to no behavioral needs, minimal personal care needs, and controlled medical needs. Must be able to participate in a 2:1 - 3:1 camper to counselor ratio.

STAFF & VOLUNTEERS



STAFF

Every summer MHKC trains and employs qualified and dedicated individuals who serve as our seasonal staff members, including those internationally. Many of our staff members return and offer many years of Camp experience. Our staff all have a love and desire for working with individuals with disabilities. Each camper group will consist of 2 staff members and 8 student counselors. Ratios differ depending on the Camp program. Aside from each group, additional staff will facilitate each program area to ensure safety, participation, and structure.

HIGH-SCHOOL, COLLEGE, AND UNIVERSITY PARTNERS

In a typical Camp year, we have approximately 300 high school, college, and university students who serve as our Counselors. Our students come from local High Schools such as Jesuit and Central Catholic High School, as well as students from Pacific University, Portland State University, University of Oregon, Western Oregon University, OHSU, and more.

While our high school students fulfill community service requirements as Jr. Counselors, our college and university students receive credits towards graduation, practicum hours, or volunteer hours. They come from all majors and backgrounds. MHKC opens the door for students to learn about disability awareness, behavior and communication methods, problem-solving, teamwork, and advocacy. In a typical year, with our student counselors, we are able to offer a 1:1 Camper to Counselor ratio in our Main Camp program and a 2:1- 3:1 ratio in our Specialty Programs.

BEHAVIOR SUPPORT

Each week, we employ a Behavior Support staff member for the first 3 days to assist campers who need extra support transitioning into the camp environment. The Behavior Support staff works closely with these campers, providing resources and being available during check-in to gather information about any specific support needs. However, MHKC is not equipped to support individuals with high behavioral needs. Camp provides behavior support, not behavior management or intervention. For campers with higher behavioral needs, we ask that a caregiver attends alongside them. Please note that there is one Behavior Support staff member for every 50 campers, so they are unable to dedicate long periods of time to any one individual.

Please send any Behavioral Support Plans (BSP) at the time of applying to Kathy at kathy@mhkc.org.



COMMUNICATION/DINING SUPPORTS

MHKC has many communication tools available, such as:

- Written schedules
- Picture schedules
- Dry erase communication boards
- Clock timers
- Picture cards on keychains

We also see many campers each summer who need their meals adapted. The dining area is equipped with blenders, food processors, clothing protectors, etc., for as-needed meal preparation.

Please bring any other special dining accommodations (utensils, plates, cups, thickeners) with you to Camp if needed, along with any Communication Devices.

WHILE AT CAMP

TRANSPORTATION

Mt. Hood Kiwanis Camp does not provide transportation to and from Camp. Campers are required to find their own ride by an individual who knows them and their care needs. This individual will contribute to the check-in process.

GUESTS AND VISITORS

At times, MHKC will have visitors on site for tours or to assist in volunteer roles. MHKC does not have a dedicated activity for family and friends to visit their campers during the week. Mail is always encouraged!

CHECK-IN: MONDAY

Each Camper will be assigned a specific time for a drive through check-in. When you arrive at Camp at your assigned time, you will be directed through each area of check-in. Stations will consist of visiting the Nurse, Behavior/Communication Support, and reviewing specific forms. Early arrivals will be directed to wait outside the gate until their assigned time.

CHECK-OUT: SATURDAY

Check-out is a fast-paced organized drive-through process. Campers will be called to the check-out area when their approved pick-up person arrives. Drivers will be asked to show ID at arrival. Campers will have already packed their belongings and will be ready to go. Before leaving, double-check that all bags and bedding are in the vehicle!

Full detailed Check-In and Check-Out procedures will be emailed 2 weeks before arrival.



MAIL AND PACKAGES

Campers love hearing from home during their time at camp. Letters and packages are welcome! Mail is distributed daily. There are three easy ways to communicate with your camper during the week.

1.) **Preferred:** During Check-In, drop off your letters/postcards/packages to the Supervisor in your camper's group or a Director. **Pro Tip:** Notate which days your camper should receive their mail.



2.) Send a letter, postcard, or package through USPS* Please address the mail as follows:

Mt. Hood Kiwanis Camp

Camper's Name

P.O. Box 206

Rhododendron, OR 97049

*Mail that is sent while your camper is at Camp will NOT arrive in time for your camper to receive it. Sending mail 2 weeks prior to the camp week works best. Any mail received after campers attend will be returned to the sender.

3.) Log on to your MHKC CampInTouch account, purchase "Camp Stamps" and send an email letter to your camper. A Director will print and distribute these daily.



COMMUNICATION

Parent(s)/guardian(s) may contact Camp to get a report on how their camper is doing from the Programs Director or Assistant Programs Director at 971-825-3575. Our Directors are in and out of the office regularly providing care and support. They will get back to you as soon as they are able. If you attempt to call either the Portland or Camp Offices on weekends you will be prompted to leave a voice message and your call may not be returned until Monday. Voicemails are not checked on weekends.

Campers do not have free access to a Camp telephone. In the event a camper requests to make a phone call, permission to do so is granted at our Directors' discretion.

Cell phones can be very distracting for all individuals and take away from the Camp experience. We encourage ALL (staff and counselors included) to be present while at Camp and put their phones away. Although we ask this, we do allow phones to be out when utilizing the Camera. MHKC is not liable for lost, stolen, broken, or destroyed items.

All campers at MHKC are encouraged to complete a Camp journal during their week. This helps campers reminisce about their summer for years to come and allows parents and guardians to get a small glimpse into their camper's week.

LIVING ARRANGEMENTS

Campers are assigned groups and follow their group schedule. Groups in Main Camp and Forest Trekkers are separated by their identifying gender, stay in gender-specific housing, and are assigned gendered bathrooms for their Camper group. Groups are assigned specific housing areas which are marked and camper beds are labeled. Campers, Counselors, and Staff all sleep in separate living quarters, with the exception of 2 staff/counselors who sleep on "Night Duty" each night near the camper room(s). The staff/counselors are **not** awake throughout the night (they need their sleep too) but are there for as-needed nightly support. Campers who are not able to sleep through the night will need to have a camper-provided caregiver attend with them.

Campers in the Ground Explorer program will share platform tents divided by gender on property at Upper Barlow, a quarter of a mile up the road. Staff/Counselors are also assigned "night duty" but remain in their own personal tents located nearby.

All housing locations in Camp have attached bathroom facilities with multiple sinks, showers, and toilets. Due to our busy and full camp schedule, campers may not take showers on a daily basis. All Main Camp and specialty programs are encouraged to take at least two showers during their stay. If your camper needs showers on a more regular basis, please speak with your camper's counselor and group supervisor upon arrival.

Ground Explorers utilize portable toilets and shower at Camp during scheduled times.

All attempts are made to place friends in the same camper group. Please be sure to list these requests on your camper's application. We do our best but not all requests can be guaranteed.

FOOD AT CAMP

Along with three main meals, snacks will be available throughout the day.

Our kitchen team works hard to accommodate the most common dietary needs. If we are unable to accommodate your camper's dietary needs we will ask that you bring prepared food for them. If the camper is a particularly picky eater, please bring food to supplement your camper's diet.

For meals/food brought, we have a standard-size refrigerator and microwave for meal preparation. The dining area is also equipped with blenders, food processors, and clothing protectors. To best support during meals, please bring any other special dining accommodations (utensils, plates, cups, and/or liquid thickeners), if needed.

Our Camp Nurses are able to help facilitate dietary needs and carbohydrate counting for campers with diabetes. If your camper needs strict carb counting please contact us.

For questions contact our Programs Director, Evie at Evie@mhkc.org.

DIETARY ACCOMMODATIONS

The following are some of the dietary needs for which we can make some accommodation:

- Gluten-Free*
- Dairy-Free*
- Egg-Free*
- Pork-Free
- Vegetarian
- Vegan
- Pureed diets
- Thickened diets

* Campers with these food needs are asked to bring along food and snacks to supplement their diet.

* We are **not** a certified gluten free kitchen and cross contamination is highly possible.



PACKING FOR CAMP

Campers spend a great deal of time outside! It's important to prepare for any and all weather. Even on those 85+ degree days, it gets fairly cool at night.

Please see the "What to Bring" PDF on our website for the complete packing list!

*PACKING LIST

***ALL items MUST be labeled. All Examples below are acceptable.**

Clothing

- Underwear (6 pairs)
- Tennis Shoes (1)
- Sturdy shoes/boots for hiking
- T-Shirts (4)
- Long Sleeve Shirts (2)
- Sweatshirt/Hoodie (2)
- Socks (6)
- Jeans/Long Pants (2)
- Shorts (2)
- Swimsuit (1)
- Raincoat/Coat
- Water Shoes/Sandals
- Pajamas (2)

If you need assistance with any gear listed above, please contact our Programs Director, Kayla at Kayla@mhkc.org.

Toiletries

- Sunscreen!
- Insect Repellent
- Shampoo/Conditioner
- Soap or Body Wash
- Toothbrush/toothpaste
- Deodorant
- Attends (if needed)
- Hygiene Products

Adaptive Equipment (if needed)

- Communication Device
- Eating Utensils
- Hearing Aids
- Ear Plugs
- Noise-Cancelling Headphones

Linens

- Sleeping Bag
- Pillow
- Blanket
- Extra bedding (if needed)
- Bath Towel
- Swim Towel
- Wash Cloth

General

- Sunglasses
- Water Bottle!
- Flashlight
- Camera
- Hat
- Bag for dirty laundry



Kelsey Plum

Taurasi, D.

B. Stewart

Sue B.
971-230-2931

MT HOOD
KIWANIS
CAMP

Personalized Labels can be purchased online (OliversLabels) through your CamplnTouch Account under "Camper Clothing Label"

or

online at **StickerKid.com** and be sure to use the **20% off coupon!**

<http://stickerkid.refr.cc/mthoodkiwaniscamp>

SESSION THEMES

MT. HOOD KIWANIS CAMP

SPIRIT DAYS

EVERY WEEK!



MHKC SHIRT MONDAY & SATURDAY

Wear a camp shirt!

TIE-DYE TUESDAY

Wear anything tie-dyed!



GAME DAY WEDNESDAY

Wear a jersey or sports team item!



DANCE THURSDAY

Bring a costume or onesie to wear to the dance!



FUN SHIRT FRIDAY

Wear your favorite graphic tee!



Bringing more fun to Camp this year!

Spirit Days also makes packing way easier!



LAUNDRY

Laundry at Camp is only done as needed, for soiled clothing and linens. Please be sure you are sending enough clothing for the entire week at camp. Laundry soiled Friday night or Saturday morning will not be laundered prior to pick-up due to time constraints.

ADAPTIVE EQUIPMENT

MHKC prides itself in making all of our Camp activities adaptable for all of our Campers. If your camper requires any additional specialized equipment that is used at home, please label it and bring it to Camp.

MHKC cannot support individuals in the highest degree without the use of their specific and personal adaptive equipment.

Adaptive equipment may include:

- Custom eating utensils
- C-PAP
- Hearing Aids
 - (extra batteries or charger)
- Communication Devices
 - boards, books, etc.
- earplugs
- noise-canceling
- headphones
- mobility braces, etc.

LOST AND FOUND

We make every effort to return Lost & Found items while your camper is in Camp. Please label items plainly with your camper's first and last name (or initials) to help staff identify the owner of the items.

Unclaimed items will be brought to the Camp entrance during Saturday pick up. Please check to see if any of the unclaimed items are your campers. Items that come back to the Portland office will be held for 30 days and then discarded. During that period, lost and found items can be mailed home at the camper's expense. MHKC is not responsible for lost, stolen, or damaged articles/belongings.



PHOTOS

MHKC does **not** guarantee that photos of your camper will be taken and made available. Once a summer, MHKC hires a photographer that joins us for a half day. Not all weeks, groups, or campers will be photographed during that time.

To capture memories and to guarantee photographs of your camper please bring your own camera, digital or disposable. *Phones may only be utilized for the use of the camera only.

Our Staff and Counselors are happy to use the camper's camera to take photos for them as they participate in activities and experience Camp.

HEALTH AT CAMP

Camper health is one of our top priorities. We employ several Registered Nurses (RN) and Licensed Practical Nurses (LPN) every year who are on property 24-hours a day to ensure the health and welfare of our Camp Community. Our nurses perform tasks that include, but are not limited to, administering medications, taking care of basic health and first aid needs, and serving as Camp's first professional line of care in an emergency. Each nurse is assigned to two groups per week.

On the first day of Camp, Campers will check-in with their group's assigned Nurse. This time will be used to complete the pre-screening process, review health history, and medications. For full details, refer to the Check-In information on page 8.

Our nurses stay in communication with the camper's parent(s)/guardian(s)/caregiver(s) if there is a concern about the camper's health during the week. To remain at Camp, all campers must be able to maintain a general level of health and wellness. Sometimes a camper becomes ill and must be sent home to aid in their own health and those at Camp. A camper may also be sent home if they are not eating or drinking enough or if they are refusing to take their medication. See Page 14 for more details.

In such instances, the parent(s)/guardian(s)/caregiver(s) are called and will need to pick them up early. It is important that you or the emergency contact are within 3 hours of Camp. Please inform the listed emergency contact that this could be a possibility.

HEALTH CARE PAPERWORK

Completed Health History and Physician's Exam are required for every camper, every year.

☐ The **Health History** is completed online and is filled out by the parent(s)/ guardian(s)/ caregiver(s) of the camper. The Health History form gives pertinent medical history on the camper; e.g. allergies, dietary needs, medications, prior physical health history, mental health history, and recent life changes. The Health History Form must be filled out in its entirety each year.

☐ The **Physician's Exam** must be filled out by a Licensed Medical Provider no more than 12 months prior to the camper attending camp. This form gives us information from the camper's primary Medical Provider.



MEDICATIONS

Our Nurses only administer medication, vitamins, or supplements prescribed by a doctor. This includes ALL medications at Camp, whether prescription or over-the-counter (including vitamins and supplements):

- ☐ MUST have a current doctor's order.
- ☐ **Bubble-packed medication is encouraged (but not required).** With 56 or more campers a week, this greatly reduces the chances of medication errors and increases efficiency. All prescription medications must be in original pharmacy packaging with the current dosage and medication information on the printed labels.
- ☐ All over-the-counter medication (including vitamins and supplements) must arrive in the original bottle we must have a doctor's order to administer. *****To ensure safe medication administration, we HIGHLY recommend leaving supplements and vitamins at home to allow for focus on critical medications for all campers.***

Be certain ALL doctor's orders are CURRENT before bringing medication to Camp or our nurses will be UNABLE to administer the medication until a current order is received.

Important: Due to State and Federal regulations, NO MHKC staff member or volunteer (nursing or otherwise) can be delegated to administer Marijuana (Cannabis) products, either medically prescribed or recreationally.

For questions about Marijuana (Cannabis) product medications or doctor's orders prior to Camp, please contact the Programs Director, Evie Wines at evie@mhkc.org.



HEALTH POLICIES & PROCEDURES

- All staff, volunteers, and campers will complete a health screening on arrival day.
- If campers present with any of the following symptoms they will be immediately isolated, examined by nursing staff, and may be grounds for going home:
 - Headaches
 - Sore throat
 - Cough
 - Trouble breathing/shortness of breath
 - Stomach Pain/Vomiting
 - Diarrhea
 - Fever of 100 degrees (or higher)
- If anyone presents with the above symptoms throughout the week, they will be immediately isolated into one of our designated quarantine areas and examined by our nursing staff.
 - The rest of the group will be asked to wear masks indoors and outdoors (if around individuals not in their group).
 - After being examined, the nursing staff may deem it safe for the participant to return to activities.
- If the camper is deemed able to return, they may return to the group and the group can return to a normal activity schedule.
- If the camper is deemed unable to return to activities, their emergency contacts will be called and an emergency contact must pick up the camper immediately.
 - While waiting for their emergency contact, the camper will remain isolated from the rest of the camp in one of MHKC's designated quarantine areas, and supervised by designated individuals.
 - Every camper **MUST** have an emergency contact within a **maximum of three hours away from Camp** and must be available for the entirety of the camper's experience at a moment's notice.
 - The nursing staff, in cooperation with the Programs Director, will make a recommendation as to whether or not the entire group or entire Camp should be sent home.
 - MHKC may make a recommendation that the camper sent home should receive a COVID-19 test. Those results should be shared with the MHKC Programs Director for documentation.
- If a staff member, volunteer, or camper presents with any symptoms prior to their arrival to camp, they will not be permitted to enter the grounds.
 - If any of the above individuals have had symptoms immediately prior to attending camp they must be seven days from when symptoms began AND 72 hours symptom-free without intervention (i.e. managing a fever with Tylenol) before being allowed on site.
- In the event of a suspected illness outbreak (e.g. Norovirus, Pink Eye, or COVID-19) all campers, volunteers, and staff may be sent home.
- All staff, counselors, and volunteers will follow the same guidelines as listed above.
- If a staff member or volunteer is sent home due to illness, they may not return to work until after producing a negative COVID-19 test from a licensed healthcare professional.

EVERYONE IS WELCOME AT CAMP

MHKC embraces and welcomes everyone as they are! Our counselors, staff, and campers come from diverse backgrounds, including different beliefs, races, genders, sexual orientations, gender identities, ages, cultures, and languages. What unites us is a shared commitment to empowering individuals with developmental disabilities and ensuring they have the best week of their year.

We are dedicated to creating an environment where everyone feels safe, respected, valued, and comfortable being their true, unapologetic self.

Mt. Hood Kiwanis Camp:

Welcomes Everyone

Embraces Diversity

Empowers All Abilities

Knows Love Is Love

Advocates Equity

Stands With All Races

Has No Business With Hate

Is A Safe Place



OUR PROMISE

- MHKC will continue to be in contact with local, state, and federal agencies to continually evaluate ongoing trends and adhering to all guidelines.
- To provide safe, empowering, and adaptable programs for our campers.
- To embrace, welcome, and meet individuals where they are and treat everyone as human.
- We are committed to continually providing a fun, exciting, and memory filled camp experience!

QUESTIONS?

- If you have any questions, please contact the Programs Director, Evie Wines at evie@mhkc.org or 971-825-3575



Mt. Hood Kiwanis Camp thanks you for your continued support, patience, and understanding as we navigate through the ever-changing and adventures of our world!