



## Program Eligibility Standards

Mt. Hood Kiwanis Camp serves individuals from 12 years of age through adulthood who have developmental disabilities. Returning campers over 50 years of age will be given special consideration, by the Programs Team, at the end of each summer to determine if program eligibility will be retained. For the safety of all campers and staff, each camp applicant must meet the following standards. Final discretion falls to the Executive Director and/or Programs Director(s).

1. The applicant must have no outstanding balances for past programs.
2. The applicant must have a diagnosed developmental or intellectual disability appropriate to programming.
3. The applicant must be program-age-eligible by the first day of camp.
4. The applicant must be under 45 years of age the first time they attend a Camp Program.
5. Any applicant who has not attended a Camp Program within the last 5 years will be treated as a first-time camper; due to possible changes in personality, emotional/communication/behavioral supports, medical needs, and physical changes.
6. The applicant must be able to benefit physically, mentally, and/or socially from camp programs and activities.
7. The applicant must demonstrate a willingness and desire to participate in the majority of camp activities.
8. The applicant must have the ability and willingness to stay with their group each and all day.
9. Follow the direction of counselors and/or staff;
10. The applicant must be free of an excessive history of violence, including, but not limited to:
  - a. Physical violence towards self or others;
  - b. Physical violence to property, including arson/ fire setting;
  - c. Verbal violence aimed at self or others;
  - d. Sexual violence of any kind;
  - e. Requires constant supervision by an Oregon Intervention System (OIS) trained Staff.
11. The applicant must be at a level of health and wellness manageable in a camp setting. Examples of conditions that may not be manageable include but are not limited to:
  - a. Campers requiring mechanical assistance for physical transfers;
  - b. Dependence on technical life-sustaining equipment or apparatuses (e.g.: ventilators, tracheostomy)
  - c. Medical conditions requiring 1:1 nursing care (e.g.: unstable diabetes, frequent nursing procedures, and/or those with exorbitant numbers of medications);
  - d. Campers who are medically unstable (e.g.: due to the process of changing or altering medications);
  - e. Seizures not reasonably controlled by medication;
  - f. Campers with current communicable diseases;
  - g. Campers whose weight prevents safe participation in camp programs.
    - i. Certain program areas such as Horses (250 lbs), Adventure (275 lbs), and Adaptive Biking (300 lbs), have weight restrictions. For specific information about weight limits, please contact the Programs Director at [kayla@mhkc.org](mailto:kayla@mhkc.org).
12. The applicant must be able to maintain a certain level of behavioral continuity manageable in a camp setting. Examples of conditions that may not be manageable include but are not limited to:



- a. Displays of violent outbursts or behaviors;
  - b. Requiring two staff/counselor supervision;
  - c. Behaviors requiring constant supervision by an Oregon Intervention System-trained individual;
  - d. The need for a single bedroom to manage night-time behaviors;
13. The applicant must be adaptable to the group living environment without unduly disrupting the quality of the experience for others. The camper must, at a minimum, be able to do the following:
- a. Sleep in a dorm-style area without excessive disorderly behavior (e.g. refusal to stay in the bunk area, excessive laughing, talking, or yelling, need for continual nighttime behavioral supports);
  - b. Sleep through the night free of 24-hour continued care/observation;
14. An applicant must pass the required health screening to continue with the check-in process at the start of their Camp week. Applicant must be free of conditions such as, but are not limited to:
- a. Feeling ill in any way;
  - b. An open, draining lesion or rash;
  - c. Topical parasites (i.e. lice, scabies, etc.);
  - d. Signs of infectious or communicable disease;
  - e. Temperatures of 100 degrees or above

### **Off-Site Program Eligibility**

In addition to the above-listed criteria, there are additional eligibility criteria for the Trip & Travel, Tent and Travel, Lakeside Camp, and Winter Retreat (hereafter known as “off-site programs”). Due to the nature of the off-site programs, applicants interested in these programs must meet the following supplementary criteria:

- a. Must have attended main camp for at least one summer, or been recommended for participation by the Programs Director(s).
- b. Be able to successfully participate in a 2:1 or 3:1 camper-to-counselor ratio;
- c. Have five or less medications, vitamins, and supplements.
- d. Have little to no behavioral support needs, including but not limited to wandering away from the group;
- e. Be able to walk for long distances (up to 1.5 miles at one time);
  - a. For Winter Retreat, must be able to navigate through the snow with little to no assistance.
- f. For trip/tent and travel- be willing to participate in whitewater rafting and other offsite activities.
- g. For tent and Lakeside- must be able and willing to sleep in a tent with other campers.



### **Personal Care Providers (PCP)/Caregivers**

Some campers may need or require the supervision of a PCP/Caregiver. Due to the space constraints at camp, PCP/Caregiver spots are limited. Campers needing a PCP/Caregiver will be accepted on a case-by-case basis.

In some cases, MHKC may require the camper to come accompanied by a caregiver. Instances, where this may be required, are:

- If the camper has high behavioral support needs.
- If the camper uses any marijuana (cannabis) products, including CBD.
- If the camper needs 24-hour caregiver monitoring, as required by MHKC Administrative Staff
- If the camper requires 24-hour support as part of their Medicaid Supports or Individual Support Plan.
- The camper required medication outside of the camp medication scheduled times, which are breakfast, lunch, dinner, and/or bedtime.

There is no fee for a Personal Care Provider/Caregiver to attend with a camper. PCP/Caregivers are expected to be with their camper at all times – including at night – and are expected to be able to take care of all aspects of their camper’s needs, including medication administration unless informed otherwise by the Programs Director(s) and/or Healthcare Director. PCP/Caregivers are expected to follow all MHKC rules. PCP/Caregivers are housed in shared housing with/near the camper and are often required to stay in a top bunk. To continue our goal of providing independence for campers, parents are encouraged to not serve as PCP/Caregiver. Nurses will review the camper’s health and the PCP/Caregiver's contract during nursing check-in. The PCP/Caregiver will review and sign a standard MHKC Caregiver Agreement. For any questions about PCP/Caregivers, please contact the Programs Director at [kayla@mhkc.org](mailto:kayla@mhkc.org)

### **Dismissal from Camp**

Behaviors and/or medical conditions exhibited by a camper following arrival at camp may necessitate early dismissal. These behaviors and/or medical conditions include but are not limited to:

- a. Displaying behavior(s) or medical condition(s) stated above;
- b. Displaying behavior(s) or medical condition(s) deemed by the Programs Director(s) or on-site Nurse(s) to be unsafe to remain at camp;
- c. Worsening of medical condition(s) caused by camp setting;
- d. Inability or refusal to eat amounts of food needed for nutritional support;
- e. Inability or refusal to drink any liquids in an 8-hour period;
- f. Inability or refusal to take personal prescription medication;
- g. Inability or refusal to comply with personal care needs. (e.g. Medications, toileting or changing soiled attends, eating, or drinking);
- h. Pre-existing medical condition(s) or behavioral issue(s) not reported on the Mt. Hood Kiwanis Camp application, or at check-in.

Considerable thought and discussion are put into each situation before a camper is dismissed from participating in camp. Before a camper is sent home information about the incident or illness that has occurred is collected by key camp personnel. If a camper is dismissed from camp for behavioral incidents: details about the behavior, the frequency of the behavior, and the intensity of the behavior are all taken into consideration. When at all possible, camp staff will maintain an open line of communication with parents/caregivers to exhaust all options



prior to the camper being dismissed from camp. Campers dismissed from camp for behavioral or health reasons will undergo a review by the Programs Director to determine suitability for return to camp to any and all MHKC Programming. The decision will be communicated to the parents/guardians.

Mt. Hood Kiwanis Camp reserves the right to reject applications prior to attendance or to deny admittance to camp upon arrival based on the inability to meet program eligibility standards. Mt. Hood Kiwanis Camp reserves the right to dismiss any participant from further participation in the program in the event the staff determines the participant cannot meet the program eligibility standards.

### **Appeal Process**

Upon denial of an application to camp, the applicant, parent, or legal guardian may file an appeal within the due process procedure as follows:

1. File a written statement with the business office of Mt. Hood Kiwanis Camp, Inc. within thirty (30) days of receipt of the denial. Mail the statement to:

Executive Director

Mt. Hood Kiwanis Camp, Inc.

10725 SW Barbur Blvd., Suite 50

Portland, OR 97219

2. A committee consisting of three Mt. Hood Kiwanis Camp staff, including the Executive Director and two members of the Mt. Hood Kiwanis Camp, Inc. staff will review the statement within fifteen (15) days of receipt.
3. The committee will provide a written reply to the party filing the statement within seven (7) days after the review has concluded.