



MT HOOD
KIWANIS

CAMP

COVID-19

Handbook

Updated 11/2021



INTRODUCTION

This handbook, created by Mt. Hood Kiwanis Camp (MHKC) was designed to help volunteers, guests, staff, campers, and families understand and be aware of the precautions MHKC is taking to provide the safest environment possible. These guidelines were made in accordance with the Clackamas County Health Department, State of Oregon, Oregon Department of Human Services (DHS), Center for Disease Control (CDC), and the American Camp Association (ACA) recommendations.

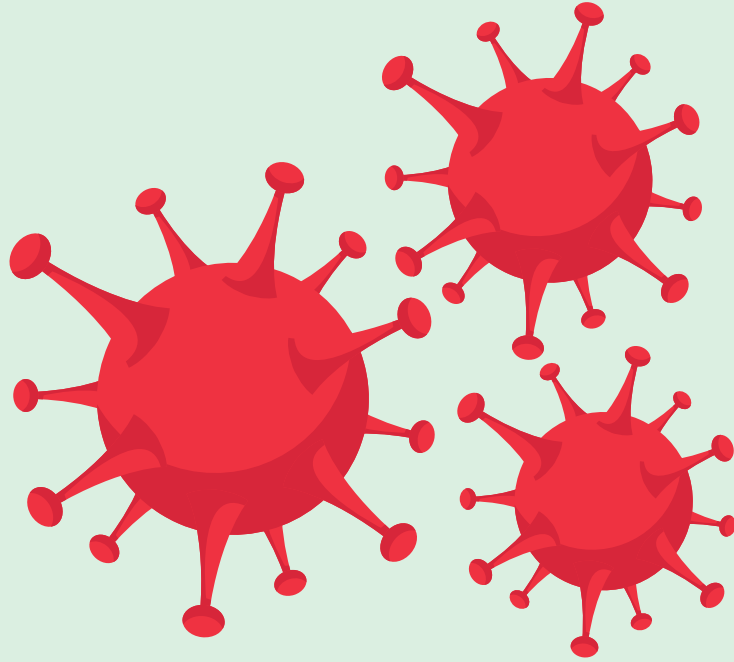


PLEASE NOTE THAT THESE GUIDELINES ARE NOT GUARANTEED EFFECTIVE. THEY ARE ONLY MEANT TO MINIMIZE THE RISK OF POSSIBLE EXPOSURE TO COVID-19.

*Guidelines are subject to change with the above organizations at any time.

Mt. Hood Kiwanis Camp is committed to the highest standards of safety and wellness for all of the people we serve. Vaccinations are required for all staff/volunteers and stringent sanitizing and disinfecting protocols are in place to mitigate transmission of pathogens at Camp. If you have questions, you may find answers here in our COVID-19 Handbook, or contact our Mt. Hood Kiwanis Camp's COVID-19 Response Team to connect directly to MHKC Staff.

DAVE MCDONALD
EXECUTIVE DIRECTOR



COVID RESPONSE TEAM

DAVE MCDONALD (DAVE@MHKC.ORG) - EXECUTIVE DIRECTOR
KAYLA PLESSINGER (KAYLA @MHKC.ORG) - PROGRAMS DIRECTOR

Please direct any COVID-19 questions, comments, or concerns to our COVID Response Team. They are the ones who can help you. Our staff working during our programs, whether it be in-person or virtually are only enforcing rules they were told to, they are not the ones who made the decisions.

COMMUNICATION

In the event of a positive COVID-19 case, MHKC will notify camper families, by email or phone.

All on-site staff/counselors/volunteers will be informed in person.

If there is a back-to-back program after the positive COVID-19 case MHKC will inform the next programs camper families, staff/volunteers/counselors by email or phone as well.

MHKC always has safety as our number one priority. Decisions to close Camp, delay or cancel a program to mitigate risk after the exposure won't be taken lightly.

*All communications will be HIPPA compliant.



PRECAUTIONS BY YOU

IF SICK, STAY HOME

If you feel ill, have a family member who is sick, or has a reasonable suspicion that you have been directly exposed to COVID-19, you are prohibited from entering MHKC property until the CDC recommended allotment of time has passed. If an individual becomes ill during their time at MHKC, they must leave immediately.

*Staff/counselors/volunteers please text or call the Assistant Programs Director or Programs Director that you will not be reporting to work.

COVID-19 SYMPTOMS

These may be grounds for going home:

- Headaches
- Sore throat
- Cough
- Trouble breathing/shortness of breath
- Stomach Pain/Vomiting
- Diarrhea
- Fever of 100 degrees or higher

PRECAUTIONS BY YOU

MASKS

Masks MUST be worn at all times (indoors & outdoors) despite vaccine status and social distancing. Unless actively eating, drinking, bathing, or sleeping. Masks must cover the individual's mouth and nose at all times when being worn. Face shields are not an acceptable form of face covering and must be worn in conjunction with a mask. Please bring 1-2 masks per day. MHKC does have disposable masks upon request.

If an individual is unable to keep a mask on after reminders and cues they may be asked to leave early. The COVID-19 Response Team will evaluate this case by case.



COVID-19 SCREENING

COVID-19 SCREENING QUESTIONS

At your time of arrival to the MHKC property, EVERYONE will be given a COVID-19 Screening Question sheet to fill out. Please complete this honestly and to the best of your ability.

If anyone answers "Yes" to any of the questions, they will immediately talk with the Head Nurse and Programs Director to address testing and options if coming back will be allowed.



VACCINES

STAFF/COUNSELORS/VOLUNTEERS

Everyone employed or volunteering is required to be fully vaccinated for COVID-19 before coming on the property.

Proof of vaccination will be required to be submitted in CampMinder.

CAMPERS

At this time we are not able to require the COVID-19 vaccine of campers due to DHS guidelines.

*Everyone will be required to fill out an Assessment of Risk form during their registration process.



VACCINE EXEMPTIONS

If you are wanting to attend an MHKC program and have a medical or religious exemption from receiving the COVID-19 Vaccine, you will be able to apply for one when you fill out the Assessment of Risk Form.

These must be submitted at least one month before you are wanting to attend a program. The COVID-19 Response Team will need to review and approve the forms.

Approval is not guaranteed

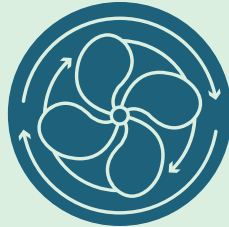
Please find this option after you apply and fill out your required paperwork. The COVID-19 Response Team will then email you more documents to submit.

PROCEDURES

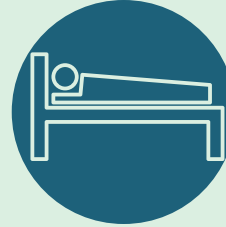
Safety is our number one priority, always. We have state-of-the-art cleaning techniques that put us above other places in our ability to keep our spaces clean and sanitized!



Sanitizing



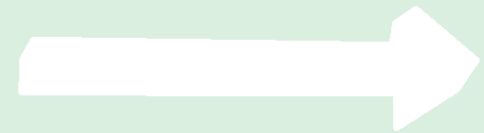
Ventilation



Lodging



Meals



HANDS-FREE

All bathrooms in Camp have hands-free toilets, soap dispensers, faucets & paper towel holders. There are also handwashing stations at every porta potty as well as hands-free hand sanitizer stations around Camp.

ELECTROSTATIC SPRAYERS

High traffic areas will be sprayed with Electrostatic sprayers once to multiple times a day. These sprayers apply a positive charge to liquid disinfectants as they pass through the nozzle. The positively charged disinfectant is attracted to negatively charged surfaces, which allows for efficient coating of hard nonporous surfaces.



FOGGERS

All buildings will be fogged with Hypochlorous Acid at least once a day. Hypochlorous Acid is naturally produced in our body to fight infections. It is just as effective as bleach but is safe on our bodies and gentle enough to clean baby toys without a rinse!

CUSTODIANS

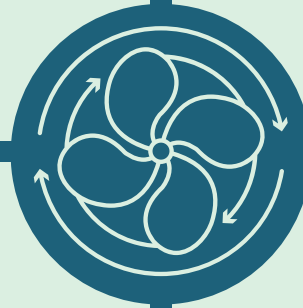
Custodian(s) will be on staff over our summer program that will ensure all common areas are being cleaned daily. After each program or week all of Camp gets a deep clean before the next group of campers arrive.

HEPA FILTERS

There are HEPA filters in every room inside buildings. The filters are changed every week before new campers/staff arrive.

AIR FILTERS

Our air filter systems in our buildings have been updated as of 2021 and are regularly maintained multiple times a year.



WINDOWS & DOORS

We encourage doors and windows to be open to the outside of all bunk rooms and common areas to ensure healthy air flow.

OUTDOOR ACTIVITIES

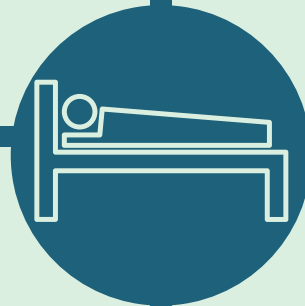
Luckily, most of our Camp activities are outdoors! Indoor activities include sleeping, eating, and arts & crafts.

LODGING

- Campers will bunk with their group.
- Staff will be in rooms or have the option to sleep in a self-provided personal tent.
- Counselors will be in platform tents or have the option to sleep in a self-provided personal tent.

BATHROOMS

Most bathrooms are communal. We have porta potties scattered throughout Camp. There are also individual bathrooms and showers available.



BED CURTAINS

Each bunk bed has a personal semi-permeable curtain up on a side of the bed. This is for more privacy as well as reduces the risk of droplets spreading while everyone is unmasked while sleeping. (These are not in the platform tents)

CLEANING

Staff and Counselors are responsible for keeping their sleep areas clean and are required to deep clean them at the end of every week. After, all areas will be fogged and bunks will be sprayed with electrostatic sprayers.

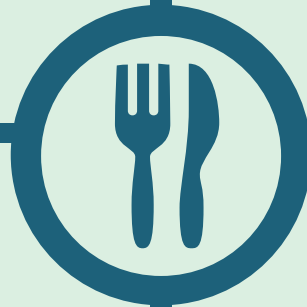
SERVED MEALS

Food will be served by a staff member who has an Oregon Food Handler's Permit and is trained in serving. They will be wearing masks and gloves. This will diminish the number of shared utensils being touched.

All condiments will be single use.

INDOOR/OUTDOOR DINING

We are equipped to have people eat meals inside Fanning (dining hall), outside at our picnic tables, at our front or back porches.



SOCIAL DISTANCING

While waiting for food to be served social distancing will be encouraged.

CLEANING

The dining hall will be cleaned after every meal. The building will be fogged once a day. The dishes are run through a commercial sanitizer after each meal.

THANK YOU!

We are committed to keeping everyone safe and our facilities the cleanest they can be to mitigate the risk of exposure to COVID-19.

Please refer to this guide as many times as you need. If there are still questions or concerns please reach out to our COVID-19 Response Team!
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