



Name: _____

Summer Camp Packing List

Count and record the number of items packed under the "From Home" column, including what is worn to camp. The numbers in parentheses are suggested amounts. Do not pack highly valued clothing or items.

Mt. Hood Kiwanis Camp is not responsible for lost or damaged items.

***Items in red are required in order to participate in specific MHKC programs.**

From Home	Counted at Camp			From Home	Counted at Camp		
	Mon	Sat			Mon	Fri	
			<u>Clothing</u>				<u>Toiletries</u>
_____	_____	_____	Face Masks (2 per day)	_____	_____	_____	Sunscreen
_____	_____	_____	Underwear (5 pairs)	_____	_____	_____	Insect Repellent
_____	_____	_____	Close-Toed Walking Shoes (1)	_____	_____	_____	Bath Towel (1)
_____	_____	_____	Sturdy shoes/boots for hiking (1)	_____	_____	_____	Swim Towel (1)
_____	_____	_____	T-Shirts (4)	_____	_____	_____	Wash cloth (1)
_____	_____	_____	Long Sleeve Shirts (2)	_____	_____	_____	Shampoo/Conditioner
_____	_____	_____	Sweatshirt/Hoodie (2)	_____	_____	_____	Soap or Body Wash
_____	_____	_____	Socks (5)	_____	_____	_____	Toothbrush/toothpaste
_____	_____	_____	Jeans/Long Pants (2)	_____	_____	_____	Deodorant
_____	_____	_____	Shorts (2)	_____	_____	_____	Attends
_____	_____	_____	Swimsuit (1)	_____	_____	_____	Hygiene Products
_____	_____	_____	Raincoat/Coat	_____	_____	_____	
_____	_____	_____	Water Shoes/Sandals	_____	_____	_____	
_____	_____	_____	Pajamas (2)	_____	_____	_____	
			<u>Bedding</u>				<u>Other</u>
_____	_____	_____	Sleeping Bag	_____	_____	_____	Communication Device
_____	_____	_____	Pillow	_____	_____	_____	Peronal Adaptive Eqiptment (i.e. eating utensils)
_____	_____	_____	Blanket	_____	_____	_____	Hearing Aids
_____	_____	_____	Extra Bedding (if needed)	_____	_____	_____	Ear plugs
_____	_____	_____	Bag for dirty clothes	_____	_____	_____	Noise Cancelling Headphones
			<u>Day Use Supplies</u>				Mobility Supports
_____	_____	_____	Sunglasses	_____	_____	_____	_____
_____	_____	_____	Reuable Water Bottle (1)	_____	_____	_____	_____
_____	_____	_____	Backpack (day use)	_____	_____	_____	_____
_____	_____	_____	Flashlight	_____	_____	_____	_____
_____	_____	_____	Hat	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Please do not pack clothing or items that have inappropriate logos/topics on them, pocket knives, or any weapons or illegal substances.

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