

PROGRAMS

"MHKC empowers children and adults with developmental disabilities through equitable access to the outdoors and recreation." - MHKC Mission Statement



Summer Camp JUNE - AUGUST

MHKC offers a residential Summer Camp for **ages 12 and older** for individuals with developmental disabilities. Individuals are able to spend a week in the beautiful national forest making friendships, stretching their limits, and experiencing traditional camp activities in a 1:1 or 2:1 ratio. On any given day at Camp our campers can be seen catching a fish in our pond, swinging high in the sky on our adventure course, splashing in our fully accessible pool, riding horses, or dancing the night away at campfire. For more information on specific types of Summer Camp programs, click [HERE](#).

Family Camp JUNE

Family Camp is structured to mimic our main Summer Camp program and designed specifically to meet the needs of our youngest campers. Family Camp offers campers **ages 9-14** the chance to try out camp life in a safe and supportive environment with their parents, caregivers, and/or siblings present. For more information on Family Camp, click [HERE](#).



Winter Retreat JANUARY & FEBRUARY (Holiday weekends)

Winter Retreat allows individuals **ages 12 and older** to explore MHKC and the outdoors in the snow! These retreat weekends consist of snowshoeing through Camp, snow tubing, group and team-building games, arts and crafts, and cooking. Winter Retreat offers a more independent program with a 2:1 ratio for individuals who love the snow. To learn more about Winter Retreat, click [HERE](#).

Community Outings MONTHLY (POSTPONED)

Community Outings are aimed to get participants together, nurture friendships, and experience fun activities in a group setting. Each month, the Outings will vary to fit the interests of the participants. These Outings are designed for **ages 12 and older in a 2:1 ratio** (1:1 ratio with PSW or Caregiver). More information about Community Outings will be made available when activities resume.



Virtual Programming (Day Support) WEEKLY

As closures of programs, facilities, and resources grow, we cannot let social distancing become social isolation. We are so proud to present Virtual Programming for ages 12 and older! Join us in a variety of virtual, hour-long, engaging activities that will not only keep you connected with friends but will also keep the spirit of Camp alive throughout the year. To learn more about Virtual Programming, click [HERE](#).

JOIN US TODAY!