

## **2021 Program Eligibility Standards**

Mt. Hood Kiwanis Camp serves individuals from 12 years of age through adulthood who have developmental disabilities. Campers over 50 years of age will be given special consideration, by the Program Team, at the end of each summer to determine if program eligibility will be retained. For the safety of all campers and staff, each camp applicant must meet the following standards. Final discretion falls to the Executive Director and/or Programs Director(s).

1. The applicant must have no outstanding balances for past programs.
2. The applicant must have a diagnosed developmental or intellectual disability appropriate to programming.
3. The applicant must be of the appropriate program age by the first day of camp.
4. The applicant must not be above 45 years of age the first time they attend a Camp Program.
5. Any applicant who has not attended a Camp Program within the last 5 years will be treated as a first-time camper; due to possible changes in personality, emotional/communication/behavioral supports, medical needs, and physical changes.
6. The applicant must be able to benefit physically, mentally, and/or socially from camp programs and activities.
7. The applicant must demonstrate a willingness and desire to participate in the majority of camp activities.
8. The applicant must not have an excessive history of violence, including, but not limited to:
  - a. Physical violence towards self or others;
  - b. Physical violence to property, including arson/ fire setting;
  - c. Verbal violence aimed at self or others;
  - d. Sexual violence of any kind;
  - e. Requiring constant supervision by an Oregon Intervention System (OIS) trained Staff.
9. The applicant must be at a level of health and wellness manageable in a camp setting. Examples of conditions that may not be manageable include but are not limited to:
  - a. Campers requiring mechanical assistance for physical transfers;
  - b. Dependence on technical life-sustaining equipment or apparatuses (e.g.: ventilators, tracheostomy)
  - c. Medical conditions requiring 1:1 nursing care (e.g.: unstable diabetes, frequent nursing procedures, and/or those with exorbitant numbers of medications);
  - d. Campers who are medically unstable (e.g.: due to the process of changing or altering medications);
  - e. Seizures not reasonably controlled by medication;
  - f. Campers with current communicable diseases;
  - g. Campers whose weight prevents safe participation in camp programs.
    - i. Certain program areas such as Horses (250 lbs), Adventure (275 lbs), and Adaptive Biking (300 lbs), have weight restrictions. For specific information about weight limits, please contact the Programs Director at [kayla@mhkc.org](mailto:kayla@mhkc.org).
10. The applicant must be able to maintain a certain level of behavioral continuity manageable in a camp setting. Examples of conditions that may not be manageable include but are not limited to:
  - a. Displays of violent outbursts or behaviors;
  - b. The need for physical restraint due to behaviors;
  - c. Requiring two staff/counselor supervision;
  - d. Behaviors requiring constant supervision by an Oregon Intervention System trained individual;
  - e. The need for a single bedroom to manage night-time behaviors;
  - f. The need to spend the majority of time away from the group. (Examples of reasons for time away from the group include, but are not limited to, behavioral, emotional, sensory, psychological, or medical support needs.)
11. The applicant must be adaptable to the group living environment without unduly disrupting the quality of the experience for others. The camper must, at a minimum, be able to do the following:
  - a. Sleep in a dorm-style area without excessive disorderly behavior (e.g. refusal to stay in bunk area, excessive laughing, talking, or yelling, need for continual nighttime behavioral supports);
  - b. Sleep through the night and does not need 24 hours continued care/observation;

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- c. Must be able to wear a face mask at all times with the exception of actively eating, drinking, swimming, or sleeping.
  - d. Must be able to adhere to social distancing guidelines.
  - e. Follow the direction of counselors and/or staff;
  - f. Remain with their assigned group (including at night);
  - g. Participate in a majority of the program activities in some capacity.
  - h. Not need to spend the majority of their time away from the group. (Examples of reasons for time away from the group include, but are not limited to, behavioral, emotional, sensory, psychological, or medical support needs.)
12. An applicant will not be admitted to camp on the day of check-in if his/her health, in any way, endanger other campers/staff or if there is a problem requiring the attention of a physician. Such conditions are defined as, but are not limited to:
- a. Feeling ill in any way;
  - b. An open, draining lesion or rash;
  - c. Topical parasites (i.e. lice, scabies, etc.);
  - d. Signs of infectious or communicable disease;
  - e. Temperatures of 100 degrees or above

**Off-Site Program Eligibility**

In addition to the above-listed criteria, there are additional eligibility criteria for the Tent and Travel and Lakeside Camp, (hereafter known as “off-site programs”). Due to the nature of the off-site programs, applicants interested in these programs must meet the following supplementary criteria:

- a. Must have attended main camp for at least one summer, or been recommended for participation by the Programs Director(s).
- b. Be able to successfully participate in a 3:1 camper to counselor ratio;
- c. Have no medical conditions requiring medication assistance or distribution from a registered nurse (e.g. insulin-dependent diabetes);
- d. Have little to no behavioral issues, including but not limited to running away from the group;
- e. Be able to walk for long distances;
- f. The camper must not need the assistance of a camper-provided caregiver;
- g. For trip/tent and travel- be willing to participate in whitewater rafting and other offsite activities.
- h. For tent and Lakeside- must be able and willing to sleep in a tent with campers of the same sex.
- i. For tent and Lakeside- five or less medications, vitamins, supplements.

**Dismissal from Camp**

Behaviors and/or medical conditions exhibited by a camper following arrival at camp may necessitate early dismissal. These behaviors and/or medical conditions include but are not limited to:

- a. Displaying behavior(s) or medical condition(s) stated above in Items 6 through 9;
- b. Displaying behavior(s) or medical condition(s) deemed by the Programs Director(s) or on-site Nurse(s) to be unsafe to remain at camp;
- c. Worsening of medical condition(s) caused by camp setting;
- d. Inability or refusal to eat amounts of food needed for nutritional support;
- e. Inability or refusal to drink any liquids in an 8 hour period;
- f. Inability or refusal to take personal prescription medication;
- g. Inability or refusal to comply with personal care needs. (e.g. Medications, toileting or changing soiled attends, eating, or drinking);
- h. Pre-existing medical condition(s) or behavioral issue(s) not reported on the Mt. Hood Kiwanis Camp application, or at check-in.

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Considerable thought and discussion are put into each situation before a camper is dismissed from participating in camp. Before a camper is sent home information about the incident or illness that has occurred is collected by key camp personnel. If a camper is dismissed from camp for behavioral incidents: details about the behavior, the frequency of the behavior, and the intensity of the behavior are all taken into consideration. When at all possible, camp staff will maintain an open line of communication with parents/caregivers to exhaust all options prior to the camper being dismissed from camp. Campers dismissed from camp for behavioral or health reasons will undergo a review by the Programs Director to determine suitability for return to camp to any and all MHKC Programming. The decision will be communicated to the parents/guardians.

Mt. Hood Kiwanis Camp reserves the right to reject applications prior to attendance or to deny admittance to camp upon arrival based on the inability to meet program eligibility standards. Mt. Hood Kiwanis Camp reserves the right to dismiss any participant from further participation in the program in the event the staff determines the participant cannot meet the program eligibility standards.

**Personal Care Providers/Caregivers**

Some campers may need or require the supervision of a camper-provided caregiver. In a typical year, Caregivers are welcome to attend with Campers, but due to limited space, MHKC is unable to accommodate at this time.

**Appeal Process**

Upon denial of an application to camp, the applicant, parent, or legal guardian may file an appeal within the due process procedure as follows:

1. File a written statement with the business office of Mt. Hood Kiwanis Camp, Inc. within thirty (30) days of receipt of denial. Mail the statement to:

Executive Director  
Mt. Hood Kiwanis Camp, Inc.  
10725 SW Barbur Blvd., Suite 50  
Portland, OR 97219

2. A committee consisting of three Mt. Hood Kiwanis Camp staff, including the Executive Director and two members of the Mt. Hood Kiwanis Camp, Inc. staff will review the statement within fifteen (15) days of receipt.
3. The committee will provide a written reply to the party filing the statement within seven (7) days after the review has concluded.