

JANUARY 2021



Virtual Class Descriptions

Each class is 1 hour long & \$80.00 or 4 hours DSA*

Session 1 & 3: *Cooking 101 with Chef Brigette!* Join our Camp Chef for beginning cooking skills, recipe reading, and using kitchen gadgets and knives. You will end the series knowing a few new recipes to make at home and a broadened knowledge of the kitchen!

*This class **requires** you to have access to a kitchen during each class time, your favorite cutting knife, cutting board, and a Crockpot/Instapot or a large stovetop pot. An ingredient list will be sent to you once you register and are enrolled.

Sessions 2: *MHKC Fun* - Come ready to meet new people, mingle and play along with Virtual Tours, Trivia, Interactive Games, and our traditional Social Hour!

Session 4: *Skills Based* - MHKC knows the value of skill based classes all year long. Learn or be reminded on how to foster friendships with your community members, learn how to meal plan for the week, social media etiquette and safety along with tools to self-care in different aspects!

2-Day Retreat: \$120.00 or 6 hours DSA* + \$45 Activity Fee (includes Retreat Supply Bag)

Join us for a fun-filled weekend of games, arts & crafts, socialization, at-home cooking, dancing, and special guests! You will receive a Retreat Supply Bag with art supplies, an activity book and more!

The Retreat Supply Bag will be mailed to you.

Participants can sign up for more than one session per month!

Payment Options Available:

Private Pay or Brokerage/Agency (Must be pre-arranged in an ISP or Service Agreement by Brokerage/Agency)

*DSA - Day Support Activities (hourly)



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S	M	T	W	T	F	S
		Session 1	Session 2	Session 3	Session 4	
3	4	5 Cooking 101 2-3PM Kitchen Safety	6 MHKC Fun 4-5PM Virtual Tour Fun	7 Cooking 101 2-3PM Kitchen Safety	8 Skill Based 4-5PM Fostering Friendships	9
10	11	12 2-3PM Tool Usage	13 4-5PM Trivia	14 2-3PM Tool Usage	15 4-5PM Meal Planning	16 2-Day Retreat 10am-1:40PM Day 1 of 2
17 2-Day Retreat 10am-1:40PM Day 2 of 2	18 MLK Jr. Day	19 2-3PM Crockpot or Instapot	20 4-5PM Interactive Games	21 2-3PM Crockpot or Instapot	22 4-5PM Social Media Safety	23
24	25	26 2-3PM Sides	27 4-5PM Social Hour	28 2-3PM Sides	29 4-5PM Self-Care	30

Any questions please email: Kathy Werschkul at Kathy@mhkc.org



FEBRUARY 2021

Virtual Class Descriptions

Each class is 1 hour long & \$80.00 or 4 hours DSA*

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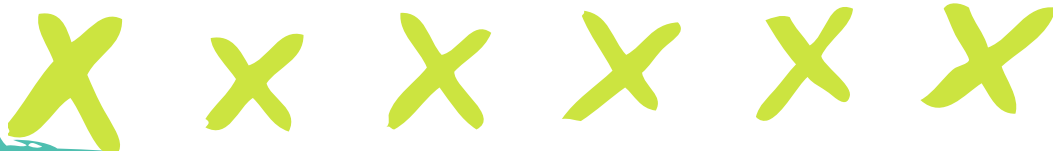
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		Session 1	Session 2	Session 3	Session 4	
	1	2 Cooking 201 2-3PM Breakfasts	3 MHKC Fun 1 4-5PM Virtual Tour	4 Cooking 201 2-3PM Breakfasts	5 MHKC Fun 2 4-5PM Social Hour	6
7	8	9 2-3PM Lunches	10 4-5PM Disney Trivia	11 2-3PM Lunches	12 4-5PM Tai Chi	13 2-Day Retreat 4:30-7:40PM Day 1 of 2
14 2-Day Retreat 4:30-7:40PM Day 2 of 2	15	16 2-3PM Dinners	17 4-5PM Interactive Games	18 2-3PM Dinners	19 4-5PM Interactive Games	20
21 MLK Jr. Day	22	23 2-3PM Desserts & Snacks	24 4-5PM Social Hour	25 2-3PM Desserts & Snacks	26 4-5PM Virtual Tours	27
28						

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