



MT HOOD
KIWANIS
CAMP

TRAIL MIX

SPRING 2015



2015 CALENDAR

APRIL 25: WWII themed MHKC Auction at Oregon Golf Club

MAY 16: Portland State University Counselor Orientation

MAY 23: MHKC Director's Training

JUNE 12: Fore the Kids MHKC Golf Classic at The Reserve Vineyards and Golf Club

JUNE 15: Staff Training Begins

JUNE 21: FIRST DAY OF CAMP!

JUNE 25: Thursday night barbecue*

JULY 2: Thursday night barbecue*
Kiwanis Night & New Cabin dedication

JULY 9: Thursday night barbecue*

JULY 16: Thursday night barbecue*

JULY 23: Thursday night barbecue*

JULY 30: Thursday night barbecue*

AUGUST 6: Thursday night barbecue*

AUGUST 13: Thursday night barbecue*

AUGUST 14: Last day of camp

AUGUST 16-19: Family Camp

SEPTEMBER 13: MHKC Walk, Roll, or Stroll at Oaks Park

*Barbecue dinner: 6pm, \$10 per person; Camper skits: 7pm
EVERYONE WELCOME! Only service dogs allowed at camp



Become a "fan" of our facebook page to get updates, news, stories, photos and more. www.facebook.com/MHKCcamp



Follow MHKC on Twitter! @kiwaniscamp



Are you getting the MHKC newsletter? If not, email Terri@mhkc.org to be put on the list.



See videos on the MHKC YouTube channel



Visit our Pinterest page to see photos of Camp and get ideas about planning your next trip to MHKC www.pinterest.com/MHKCcamp

HAVE YOU SEEN OUR NEWLY DESIGNED MHKC WEBSITE?



WWW.MHKC.ORG



NOTE FROM KALEEN

We are excited to be a few months into 2015, getting ready to carry out another year of life changing programs at Mt. Hood Kiwanis Camp. As we go to print with this edition of Trail Mix we have 504 campers registered to attend our programs this summer. Before we share all that is happening here at MHKC to prepare for Camp this summer, I want to take the opportunity to share a few of our key accomplishments from 2014.

- **572** campers with Cerebral Palsy, Autism, seizure disorders, Down syndrome, Traumatic Brain Injuries, and other developmental disabilities attended MHKC Summer Camp, Winter Retreat, and our new Family Camp.
- **108** camper hometowns from across Oregon, Washington, Idaho, Hawaii, and as far away as Bogota, Colombia were represented at Camp this summer.
- **286** Portland State and Pacific University students worked as volunteer counselors for two weeks, acting as a single camper's sole caregiver for their week at Camp.
- **95** special educators, graduate students, and health & human service professionals worked up at Camp during the 2014 summer camp season.
- **\$23,393** in "campership" awards were made to 53 camper families which provided much needed financial assistance to attend Camp.
- Over **6,000** hours of volunteer time was donated to camp—with people serving as counselors, at camp work parties, working at the camp office, and volunteering at special events.
- **1,025** people from **36** organizations enjoyed the camp as a retreat location during the offseason.

We have much to share in this edition of Trail Mix, enjoy our updates on all of the progress taking place in Camp. To name a few; watch for the release of our new MHKC 5-Year Strategic Plan, look for updates on the continuation of our new Family Camp program, and consider spending a weekend in Camp renting our new, 5-person, Barlow Cabin, situated right on the banks of the Little Zigzag River. The new cabin will be available in late August, right after Camp is over for the season.

Even as we celebrate these milestones, we never lose sight of why our Camp exists. At our core it always comes back to our campers—their joy and passion, as well as ours—as camper after camper finds independence, confidence, and freedom on the slopes of Mt. Hood.

Thank you for standing with us in 2015, as we work alongside one another—staff members, volunteers, campers, family members, donors and friends—together we will continue to accomplish great things; empowering children and adults with disabilities and changing lives.

IN LOVING MEMORY OF JIM DOIG

Mt. Hood Kiwanis Camp exists because thousands of people for over 80 years have volunteered, donated, attended, and worked tirelessly to make Camp happen, year after year. Camp is a place people fall in love with, a place people become passionate about and commit themselves to - through volunteering, donating, or dedicating their career.

Jim Doig was one of those passionate, lifelong supporters. Mr. Doig was a Kiwanian who supported Camp for decades both financially as well as through thousands of hours of volunteer service at the campsite. In January of this year, Jim Doig passed peacefully. We at Mt. Hood Kiwanis Camp will be forever grateful for everything Jim did to support MHKC and our campers. Jim's family will be hosting a celebration of Jim's life at Camp on May 18th and guests will be invited to share stories about Jim. Contact Kaleen Deatherage (Kaleen@mhkc.org) if you are interested in attending.



Dale Parsons, another passionate supporter of MHKC and Kiwanian, spent many years alongside Jim Doig volunteering at Camp. Recently, Dale shared some sweet sentiments about Mr. Doig that we wanted to pass along.

"I first met Jim at a Mt. Hood Kiwanis Camp work party in 2003. Jim was part of a group of volunteers that met at Camp on a regular basis and did various maintenance tasks. He suggested I might enjoy joining them on one of their sessions. For me that began an involvement with Kiwanis, the Camp, and a relationship with Jim that I will forever hold dear.

After retiring from PGE, he would drive up to camp and work several times a week. There have been several others that have also volunteered on a regular basis over the years, but none that I am aware of were as consistent. Jim was blessed with good health and a giving heart that enabled him to continue his activities until well into his late eighties.

From simple tasks to major construction and renovation, his skillset was amazing. During my time of knowing Jim, he was the glue that held together a small group of volunteers that went to Camp at least once a week, all year. 3 or 4 retired guys could get quite a bit accomplished in a day and it reduced the Camp maintenance costs. When it came to the Camp, he was not only generous with his time but also with his money. He also had his former employer, PGE, making donations as well.

His always positive attitude was a pleasure to be around. In addition to all these attributes, he was a true friend, the kind you could count on. He will be missed but I am blessed for having known such a man!"



CAMPER FEATURE MEET DEAN



Meet Dean. Last summer, we met up with Dean and his parents during a Thursday night barbecue, and learned about his history with Mt. Hood Kiwanis Camp. Dean has been coming to MHKC since he was 16 years old (for 20 years!). His parents, Bob and Ethel, were very nervous the first time Dean went to Camp. He had never been to more than a weekend school campout before. Spending time with Dean's group supervisor and counselor during check in helped them feel comfortable with that first big transition. The first time attending Camp was scary for Dean, but once he figured out what it was all about, his confidence in being around people blossomed. Dean used to be afraid of heights, but his 4th year of Camp he chose to participate in the adventure course- including the stream crossing, flying squirrel, and trust fall. Dean loves ALL the activities at MHKC, however, his absolute favorites are the dance and skit night.

Dean's parents bought a video camera and started videotaping the skits during Dean's second year at Camp. He was fascinated with videos/movies and wanted his own copy, so his Dad now makes him his own copy every year. A few years ago, Dean would not only watch it several times after camp, but he would watch it the week leading up to camp. This is now Dean's ritual every year when he packs his bag for camp. He thoroughly enjoys watching these videos repeatedly. In addition to Camp, Dean's favorite things are music, watching WWE wrestling, traveling, and fishing with his parents.

Dean was introduced to Mt. Hood Kiwanis Camp 20 years ago while ordering sausage at a Portland Blazer's game. A young woman working at the counter also worked at Camp, and instantly befriended Dean and told him about MHKC. That young woman is our very own Marilee Payne- past Camp Director, current Board Member, and singer in the Camp Staff Infection Band.

Bob and Ethel's favorite thing about MHKC is to see how much Dean looks forward to going and being with friends while also getting to have a week to themselves. "We look forward to Camp every year as well. We know that Dean is happy, having a good time and will be well cared for. This allows us as parents/caregivers to take a little vacation and be alone as a couple." Dean, Bob, and Ethel are a delightful part of the MHKC family. Feel free to stop and say hello next time you see them up at a Thursday night barbecue!



MT. HOOD KIWANIS CAMP FAMILY CAMP RECAP



This past summer, with the support of the Oregon Community Foundation and Juan Young Trust, MHKC had the opportunity to pilot test a new program at Camp. Eleven families from across Oregon and SW Washington joined us to experience Family Camp. By launching the Family Camp Program, MHKC is working to meet the high demand from our families for more year-round programming opportunities. This new program allows us to serve younger campers who may not be emotionally, physically, or mentally ready for a full week away from their home or family. We can better prepare them to eventually attend our summer program independently by transitioning them with the support of their family during a shorter stay at camp.

Eleven families attended Camp together last summer, with our youngest camper sibling being only 4 and the oldest 16. They enjoyed all of the activities we offer during our traditional summer program: the adventure course, horses, canoeing, the swimming pool, hiking to the waterfall, BBQ/Skit night, and much more. We gave our Moms and Dads the chance to spend an afternoon recreating independently on the mountain while our expert staff assisted campers to return to the adventure course and the swimming pool for more fun with their peers.

Our new program was evaluated by the Center for Student Success at Portland State University. Parents completed a pre-survey before arriving at Camp as well as a post survey the week after returning home and again 90 days later. Parents from all eleven families were invited to participate in a focus group on the final morning of Family Camp. PSU researchers used data from the surveys and the focus group to answer the following questions:

1. What were parents' expectations for Family Camp and did their experience meet their expectations?
2. What change(s), if any, have parents observed in their child since Family Camp that might be attributed to the family's camping experience?
3. Without the support of grants to fund the program, how likely is it that parents would prioritize Family Camp in their family budget so they could participate in Camp again?

Results were extremely positive, leaving Camp Staff excited about making Family Camp a permanent part of our programming. Parents shared a great deal of honest feedback and many useful comments, a few of which are included here.

"Most important is for us to be able to help my child as a family. To be able to connect with him in a place where we won't be looked at strangely. We are honored for this opportunity. We hope that our child will be comfortable enough to attend Camp on his own in the future."

"I am forever grateful for this opportunity for our family. [Through participation in Family Camp] our child gained more confidence and we have as well. I envision more family oriented activities in our future. Our lives will be forever changed because of this experience. Thank you! Thank you! Thank you!"

"We had hoped to gain confidence and knowledge about the program, safety factors, etc. and to witness if our child enjoyed it as well. YES, YES, YES! All was accomplished! And our child continues to claim Kiwanis is now 'Her camp!' We are excited for her future experiences and memories here."

OFF-SITE SUMMER CAMP PROGRAMMING UPDATE

MHKC Summer Camp strives to offer campers new and challenging experiences whenever possible. We have had very little change to our programming over the years for a variety of reasons: consistency for campers, ease of planning, meeting camper expectations, etc. We understand that routine and consistency are important to many of our campers. This is the reason we have created and work hard to stick to our schedules at Camp. Campers expect us to provide certain activities which are, in their minds, what Camp is all about. And we totally agree. There are many things at Camp which we can see never changing like flag, swimming, and wood cookies. But...

This year we are making a small change to our Off-site Programming. Our off-site groups will still rotate through a day of rafting. Thank you to our partner All-Star Rafting who does an amazing job guiding rafts and interacting with campers. But instead of the Wednesday group trip to Skibowl, we will be taking a Wednesday Excursion (WE). The destination and activity of the WE will depend on a variety of factors including camper interest and weather. The activities we have chosen are Mt. Hood and camp centric programs. The programs available on WE day include: picnic lunch, hiking on Off-site Mt. Hood Trails, disc-golf at Rooster Rock State Park, and a variety of social and fun games.

Why This Change?

Our mission is to empower our campers. This empowerment comes from building their confidence and increasing their skills. There comes a time when a new experience is needed to achieve more for our campers. We have campers who have attended Camp for five or more years, and they participate in the same off-site activities each year. These activities are now routine and a new activity may broaden camper horizons, experiences, and skills.

Why These Activities?

Besides our mission, Camp tries to foster a love, appreciation, and utilization of the outdoors in our campers. Campers experience bowling and movies in their everyday lives, but we are striving to make the most of their time outdoors.

In order to meet our mission and goals for our campers we must continue to provide camp-style and out of the ordinary experiences for our campers. This change accomplishes 2 important things: (1) provides campers with a new experience, and (2) provides an experience which is much more within the spirit of camping.

If you have questions associated with this change in off-site programming please contact Monica Corbo the Program Director at Monica@mhkc.org.

MEET A FEW OF OUR SUMMER STAFF MEMBERS

Our summer staff are on the front lines of MHKC every day- leading our programs, guiding counselors, preparing meals, and making sure our campers have a fun, safe, and healthy time at MHKC. Here is a snap shot of a few of our staff from the 2014 summer, taken at staff training. You can see the rest of the staff photos on our MHKC Facebook page at: www.facebook.com/MHKCcamp.



Tesla- Assistant Counselor Supervisor



Lindsey- Assistant Director



Arne & Dave- Counselor Supervisors



Sean- Counselor Supervisor



Liz & 'Yano'- Counselor Supervisors



Chris- Counselor Supervisor



Katie- Counselor Supervisor



Cheyenne and Kristen Horse Program Facilitators



Rachel- Custodial Support



Toni- Counselor Supervisor and Shalana- Behavioral Specialist



Nathan and Greg- Trillium Lake Lifeguards



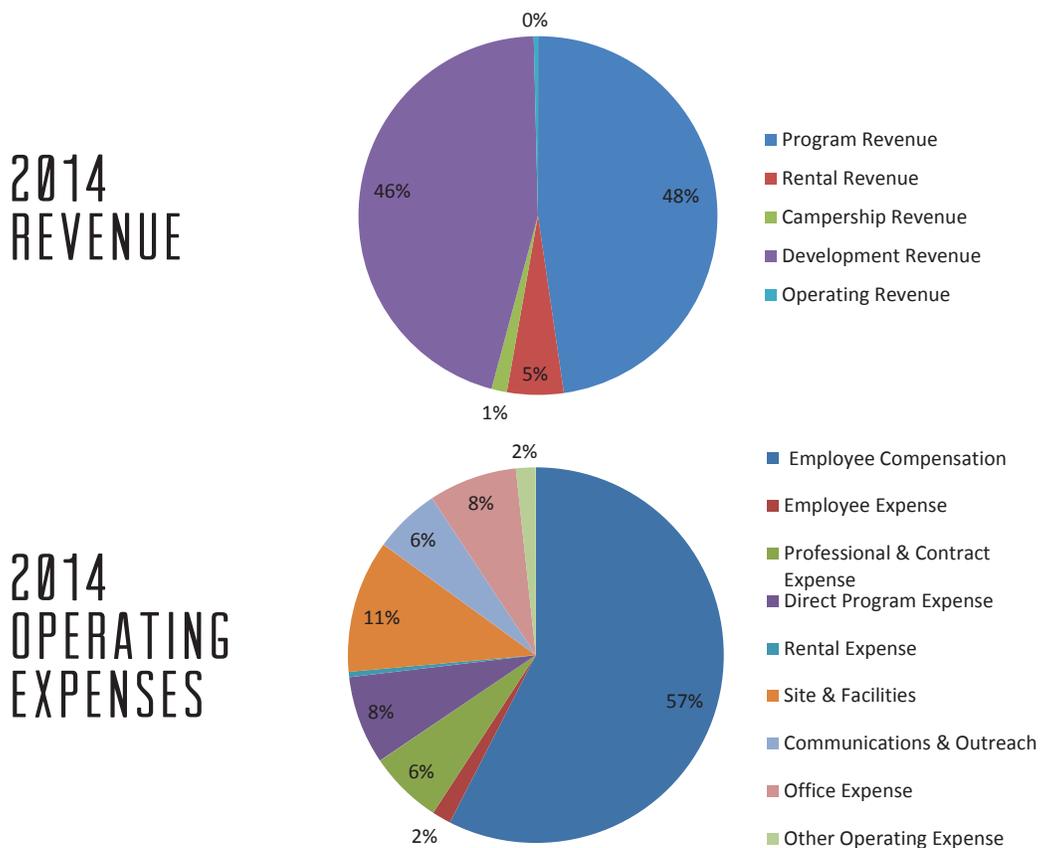
Summer Leadership Team

PRELIMINARY LOOK AT MHKC 2014 FINANCIALS

As every year does, 2014 brought challenges and opportunities to MHKC. The financial impacts of recent growth in the size of our staff as well as our commitment to expanding our capacity to deliver programming is evident throughout our revenue and expense numbers. In 2014, we added a new position (Healthcare Administrator), changed Program Director leadership, and worked through a lack of consistency with our Rental Coordinator position. The financial accounts relative to these roles mirrored the positive/negative effect of each movement.

Our partnerships with regulating bodies, the outside environment, and simply the variable unknown (e.g. Mother Nature) of maintaining a large capital property bring challenges as it does to all organizations, but our 2014 financial results reflect our flexibility and deliberate management to achieve our fiscal goals in spite of setbacks and changes.

We exceeded the 2014 Budget speculation in Revenue by approximately 10% (\$2.1m budget vs \$2.4m actual).



As shown, Program and Development are the leading operating revenue accounts for MHKC. We expect our Program Revenue to have a 3-5% variable of actual to budget each year. In 2014, we had a successful year at just a 2% variance under budget.

We have a strong Development team at Camp which is clearly reflected in the Grants and Events accounts. We exceeded the \$175,000 grant budget by a little over \$25,000 in 2014. MHKC's 2014 events also surpassed goals by at least \$10,000 in total. Contributions revenue for 2014 is estimated at \$92,000, 14% above the budgeted \$80,000.

Rental Revenue has the most potential for growth. We only achieved 70% of the projected \$103,000 for 2014, a result largely due to lost productivity with staffing changes. The potential is there for rental revenue to meet/exceed budget as approximately \$20,000 of 2014 rental profit came from NEW rental customers.

2014 expenses exceeded budget by approximately 10% for the year. With the internal changes we had in 2014, an overage on the expense side of the budget might be expected, but a preliminary detailed look at our largest expense, Employee Compensation, shows an actual of \$741k to the budgeted \$768k. We continually meet or beat our Expense budget which shows a purposeful control effort on the part of EVERYONE on the MHKC team.



CAMP STAFF TRAINING IMPROVEMENTS

If you have ever been a part of staff or counselor training for Camp you know it is INTENSE. Training days can run from 8am until 9pm and anywhere from 2-5 days depending upon your position and if you are a returning staff member or not. In an effort to better respect our staff and counselors' time, alleviate the intensity and provide more time for hands-on training, we are building some of our trainings online.

This year we are offering just a few online trainings which will cover some of the general trainings everyone at Camp must complete. This will create shorter days of training for this season. Next year we hope to offer more trainings online and make them position specific, possibly even eliminating a day of training for staff and further alleviating counselor training intensity.

Staff and counselors will receive an email with a link and instructions on how to register for the online training, offered through Blackboard. The site will track each person's progress in each of the content areas and their test scores. In order to complete the online portion of training, everyone must view all of the content areas and score a 100% on every test.

MHKC is so fortunate to have the talented and amazing staff and counselors we have each year. Thank you so much to everyone who works at Camp. Our returning staff and counselors are key because they really help create the culture and set the tone each summer. Our online trainings are a way we can better respect everyone's time and provide our team with even more hands on skills.

*Special thanks to Megan Sigler who completed her Practicum in our Portland Office and built most of this online training.



NEW BARLOW CABIN

The Barlow Cabin is our most recent addition to Mt. Hood Kiwanis Camp. This cabin was created by remodeling an old bath house that was no longer in use- turning it into a lovely two bedroom lodge with a kitchen, full bathroom, living room, and wrap around deck overlooking the Little Zigzag River. Because it is located in the historic Barlow Trail district, the cabin is required to have upgrades such as custom wood windows and solid wood doors. This lodge will be used for staff housing during the Camp season of June through mid-August, and will be available to rent during the off-season, which will provide a new source of revenue for our Camp! MHKC will begin taking reservations for Barlow Cabin on May 11th, at \$135/night and it comes equipped with towels, linens, TV, and Blu-Ray. Join us at Camp on July 2nd for the cabin dedication ceremony.



ARCHERS FOR CHANGE

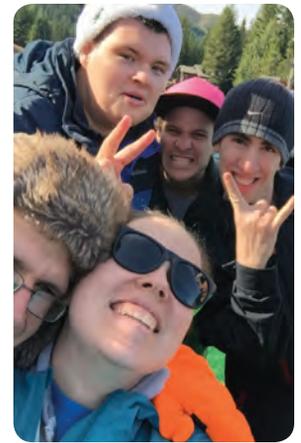


Chelsea Bliss has been competing in archery competitions while raising money for MHKC. Chelsea asks for pledges based on her shooting- such as \$1 per point earned, \$20 per competition, or \$5 per bulls eye. Most recently, Chelsea competed in the State Indoor Championships in Bend, OR and walked away as the 2015 Adult Female Recurve Champion. She grew up in Baker City, OR, and began working with children and adults with developmental disabilities in 2012. It became a huge part of her life and when she moved to Portland in 2013, she continued her work, moving from a company into private care.

In May of 2014, Chelsea was introduced to the sport of recurve archery. She quickly developed a passion for the sport, but she and her boyfriend, Adam Parrott, felt that their shared passion for competitive archery should be used to make a difference. Together, they created Archers For Change. Through archery, they raise money for organizations they care about, at no cost to the organization itself. Chelsea currently works with and knows many individuals who have gone to MHKC, and feels that supporting camp enriches the lives of everyone she interacts with. She hopes to volunteer at camp in the future! To support Chelsea, visit: www.archersforchange.com.

HEALTH CARE ADMINISTRATOR

Last summer, Mt. Hood Kiwanis Camp added the role of Health Care Administrator to our year round staff. This new position helps us assure the safety and medical well-being of the growing number of campers who attend programming at MHKC. The Health Care Administrator is a Registered Nurse who oversees the planning and provision of medical services for all of our campers and summer staff. This position allows us to recruit, schedule, and train nurses during the off season, in order to create an approximate 20 to one camper/nurse ratio. With this new role, last summer we were able to better communicate with families and caregivers regarding medical needs to allow campers a smoother and safer transition to Camp. By having a full time nurse, it allowed more nurses to assist with check-in, resulting in a streamlined and thorough process. We are thrilled to begin the growth of our medical team to better provide exceptional service to our campers.



2015 WINTER RETREAT AT MHKC

The theme of Winter Retreat was SUMMER! We had no snow and the weather was sunny and warm. This gave us the opportunity to run the Zip Line and Rock Wall, play basketball and football, and take the waterfall hike up to the top. We had some great arts and crafts where we made our tie dye shirts, lanterns, suncatchers, and group paintings on canvas. A new twist this year was making our own meals. Each camper was a part of making both a lunch and a dinner for the rest of the group. Go ahead- ask us about our mad pizza making or our worldly Kalua chicken crockpot skills. Looking forward to next year, here's hoping for snow!



RENT MT. HOOD KIWANIS CAMP

During the summer months, Mt. Hood Kiwanis Camp is a magical place where the impossible becomes possible for our campers. From mid- August through mid-June, this magical place is available for anyone to rent. With a trained staff, we can accommodate business conferences, team building retreats, family reunions, church getaways, weddings, and simple mountain vacations. We have an array of housing options, perfect for any size group! Don't want to cook for yourself? We can help with that as well. Our onsite chef has created extensive menu options. With every rental, 100% of the revenue goes right back into sending people with disabilities to camp. Host an unforgettable retreat while supporting MHKC. Contact Allan Cushing at 971.230.2930 or Allan@mhkc.org to reserve your mountain retreat today!

"Well, we had an absolutely amazing time at the mountain, and at MHKC! What an incredible place to spend the holidays, even if we didn't have snow this year. My family loved the facilities, their sleeping quarters, and just about everything about the grounds - so beautiful!" - MHKC Renter, Becca

"We love to take our students to Mt. Hood Kiwanis Camp for so many reasons. The camp is the best location you can find on the mountain with the most accommodating staff and exceedingly well prepared food. It feels like a luxury to be a guest at MHKC." - Raelene, Grace Chapel

KIWANIS CLUB OF PORTLAND FOUNDATION

The Kiwanis Club of Portland (KCOP) is one of the Camp's leading club sponsors. Through the generosity of both the club and Foundation, we have received several grants helping us to fund various projects at Camp. Two of the most recent grants include: Phase 2 of our septic repairs and supporting the expansion of our summer food program.

In December of 2013, the KCOP Foundation awarded our Camp \$15,000 to be used towards completing Phase 2 of our septic repairs. Because of the club's support, MHKC was able to replace the current primary 4,000 gallon steel tank with two 3,000 Waite tanks increasing total capacity. The new 6,000 gallon total capacity will significantly increase our capability to have large groups of people using our Camp facilities all at one time. Prior to this project, our Camp did not have the septic capacity to increase our camper or rental numbers.

This spring, the KCOP Foundation generously donated \$5,000 to be applied to our Summer Camp food program. With the increase in special diets and dietary restrictions, increased transportation and food costs, the expense to provide quality meals to both our campers and staff has risen sharply over the last several years. Because of KCOP Foundation's support, we will be able to provide a well-balanced, quality food menu with alternative options during summer camp this year.

We are thankful for the generosity and continued support from the Kiwanis Club of Portland and their assistance over the decades. If you are interested in Kiwanis, consider joining them for lunch at the Benson Hotel - Wednesdays at noon.

2014 WALK, ROLL, OR STROLL!

PHOTOS BY ANDIE PETKUS



TOGETHER, WE RAISED OVER \$36,000 for Mt. Hood Kiwanis Camp at the 2014 Walk, Roll, or Stroll last September!

The highest fundraising team was FnG with \$4,700 and MHKC Past Board President Andy Jones was the highest fundraiser with \$2,330!

To say the event was a success would be a GIANT understatement. The new venue at Oaks Park turned out to be a lot of fun, the food was wonderful, the music (THANK YOU STAFF INFECTION BAND!) was a blast, and everyone in attendance had a great time.

This event is more than just a "walk." It helps us raise money so that we can continue to empower children and adults with disabilities. Thank you to everyone who signed up, fundraised, brought friends and family, came early and stayed late, and helped out however you could!

THANK YOU TO OUR SPONSORS:

- Hotwire Electric
- MassMutual SpecialCare
- AAA
- Vinnie's Pizza
- Stride Construction

THANK YOU TO:

- SW Hills Kiwanis Club for grilling for 250 people!
- FSA for donating the barbecue lunch
- The Staff Infection Band
- Desi, the Facepainter
- Erin Brown from 'The Task at Hand Massage'
- MHKC Camper, Aaron Hobson for his lovely performance
- Magician Richard Green

You can see all of the walk photos on our MHKC Facebook page and www.mhkc.org.

SAVE THE DATE FOR OUR 2015 WALK:
SEPTEMBER 13, 2015 AT OAKS AMUSEMENT PARK

A BIG thanks to all of our team captains!

Amy Young - FnG
Skye Burns - Team Allergies/Burns
Andy Jones - The Bridgetown Brigade
Alison Schrupp - Team Schrupp
Justin Rosenblad - Team Sage
Dale De Vries - Cedar Hills Cruisers
Judy England- Chipmunk Ridge
Amanda Nab - The MARVEL-ous Team
Marta Boylen - Club MEDS
Blake Obarr - Pride Financial Partners
David Lougee - David's Dynamite Dancers
Kathy Werschkul - Crawfish Crawlers
Marilee Payne - The Staff Infection Band
Kaleen Deatherage - Walkie Talkies
Nicole Hinsley - Pacific University SLP
Terri Hammond - Team Terri
Cary Solberg - AAA Walkers
Lynn Clary - Lynn Clary
Morgan Price - Apple-Bobbing Antelopes...ARG!
David Threefoot - Ross Island Early Risers
Bill Ragsdale - Bill's Burger Buddies
Cindi Davidson - Team Cole
Cordell Parkrosz - parkrosz
Mike Robinson - Robinsons
Lonny Guenther - Team Jojo
Kaila Johnson - Pacific University Women's Basketball
Robert Gumm - Fantastic15
Eric Leatham - Columbia Bank is Making Strides
Heather Hitch - Kiwanis Kounselors
Amy O'Gara - C&C Cruisers
Amy Glenn - Dr. E and the Time Traveling DeLorean's
Madeline Mulhern - Jeremy's Joggers
Wendy Trotman - Team ChaMarWen
David Holmes - Team David
Lyra Goldman - Team 5k
Amina Kelekele - Amina's Possey
Charlie Stone - Green Groovy Godzillas
Tasha Durant - Just Like A Rock Star
Anita Curry - Rootin Tootin Cowboys

HAVE YOU JOINED THE EMPOWERMENT CIRCLE?



Every member gets this free tote!

It's not too late to help the Camp by providing ongoing, sustainable financial support by becoming a member of the Mt. Hood Kiwanis Camp Empowerment Circle. Your participation makes a big impact and ensures that for the eighty-second consecutive summer, Mt. Hood Kiwanis Camp will open the gates and welcome over 500 children and adults back to their summer home-away-from-home. Make your dollar matter! Contact Skye Burns, Development Director at Skye@mhkc.org or 971.230.2928.

CAMP GOT A NEW WELDER!



Who knew a welder could have so many uses? From fixing the Camp snow plow, to creating a device to roll up the pool cover, having a welder at Camp has been so useful! And it wouldn't have been possible without Kiwanis Clubs! A huge thank you to Cary Solberg, Ken Meeker, and Ross Island Early Risers, Montavilla, Bridgetown, Damascus, and South Riverside Kiwanis Clubs!



NEW DECK ON CY LODGE AND NEW PICNIC BENCHES ON THE BACK OF FANNING PORCH

They say it takes a village- and at Mt. Hood Kiwanis Camp, that couldn't be more true. This Fall, Boy Scouts from several troops volunteered their time to complete projects at MHKC. The picnic benches on the back deck of Fanning, used for a quiet dining area during meal times, now have accessible benches! The benches are split up into several sections, so they can be easily moved for wheelchair access. Also, the deck at Cy Lodge was updated with a new railing and benches and looks beautiful. Check them out next time you come up to camp! Thank you to Evan Drago, Troop 432 and Andrew Christiansen, Troop 69.

GRANTS RECEIVED TO SUPPORT MHKC

We would like to thank the following foundations for their continual support of our organization. Without their support, we would not be able to offer our life changing programs to our campers.

CAMPERSHIPS

Our intention with this effort is to serve the families utilizing our Camp, and to provide financial aid to offset camp fees to as many families impacted by these tight economic times as possible.

COMMUNITY FOUNDATION OF SW WASHINGTON
EUGENE ROTARY FOUNDATION
ANNE AND ELI SHAPIRA CHARITABLE FOUNDATION
MULTNOMAH ATHLETIC FOUNDATION
WALTER WADSWORTH CHARITABLE TRUST

BARLOW CABIN

Funding for this project was utilized to remodel our old bathhouse into a cabin to be used for housing during our summer camp season and would be available as a rental facility during the off season helping generate sustainable income.

THE COLLINS FOUNDATION
ROBERT D. AND MARCIA H. RANDALL
CHARITABLE TRUST

PLATFORM TENTS

This grant will be utilized to replace a platform tent and fly cover that are utilized for counselor housing in the summer season.

EQUITY GROUP FOUNDATION

EQUESTRIAN THERAPY PROGRAM

To honor our legacy of offering state of the art programming for individuals with disabilities, Mt. Hood Kiwanis Camp will utilize this grant to redesign and improve upon our current Equestrian Therapy Program allowing us to better serve children and adults with disabilities in the future.

TRUST MANAGEMENT SERVICES

SEPTIC PHASE 2

Our goal with this project was to address the urgent sewage disposal system issues at MHKC by replacing our main septic tanks and pumping station.

KIWANIS CLUB OF PORTLAND FOUNDATION

OPERATING FUNDS

Funds will be applied to our operating fund to be used in support of our Summer Camp Program.

COMMUNITY FOUNDATION OF SW WASHINGTON
TRIBE COUSINS' CHARITABLE FUND

MEDICAL PROGRAM

Funds from this grant allowed MHKC the ability to hire additional nursing staff and improve our medical trainings to our staff, increasing our medical care for our campers.

ALBINA ROTARY FOUNDATION

WATER HEATERS

This grant was utilized to replace aging water heaters in our main lodges.

L.P. BROWN FOUNDATION

SUMMER CAMP FOOD

Funds from this grant will be utilized to support the expansion of our summer food service program.

KIWANIS CLUB OF PORTLAND FOUNDATION

MHKC FOUNDATION

DID YOU KNOW?

- It costs Mt. Hood Kiwanis Camp over \$2600 per week to serve each camper who attends our programs. We ask our camp families to pay only half of that price in registration fees. Our Camp Staff and Board of Directors fundraise each year to bring in the remaining dollars necessary to run our programs.

- Every camper who spends the week in our main camp program has their own personal counselor who works with them one-on-one all week. This fact makes MHKC unique among camps that serve people with disabilities, all others either cannot offer one-to-one support or charge families an additional fee for this level of service.

- MHKC has partnered with Portland State University for over 40 years. The university is not only our source for the counselors who come up to work with campers every summer, but they also provide us with researchers and educators who specialize in the field of developmental disabilities, and help to train our summer staff team, giving us highly skilled professionals ready to serve our campers.

With over 80 years of service to people with disabilities across our state and throughout the Northwest, MHKC has served over 16,000 campers and impacted tens of thousands of lives. Our camp was way ahead of its time, successfully serving kids and adults in a recreational setting in the forties, fifties, and sixties when the prevailing trend in our society was to institutionalize those who had disabilities.

Today we want to make sure MHKC stays on the cutting edge, introducing new activities and equipment modifications to make recreation and play easier for our campers, partnering with researchers and educators to incorporate the latest developmental disabilities best practices into our program, and looking forward to anticipating the next opportunities to better serve people with disabilities.

A big part of what will allow the Camp to be successful at achieving our goals is the support of the many families, friends, and businesses who donate to fund our work. As important as it is that we give to the causes we love during our lifetime, if we have the ability to do so, gifts at the time of retirement or when we pass away also make an enormous difference to organizations like MHKC.

A gift to the MHKC Foundation is one way to create a lasting legacy at our Camp. If you or your family is interested in making a planned gift to our Foundation, please let us know. We would be honored to talk with you about your goals and help you to ensure that the Camp we love is here to serve kids and adults with disabilities for decades to come. For more information or to schedule a meeting, please contact Kaleen Deatherage at kaleen@mhkc.org or 971.230.2920

UPDATING CAMP

As we expand MHKC to serve more campers and attract new rental clients (such as corporate retreats and weddings), we are recognizing the need to update Camp. This includes furniture, artwork, outdoor features, signage, and more.

We are looking for local craftsmen and women to help us. Are you a woodworker? An artist or a muralist? Do you make iron or metal works? Do you have weaving skills? Or do you have authentic Art Deco/WPA style artwork, furniture, or tapestries that you are willing to donate?

If you would be willing to share your skills with us or know someone with this type of expertise, WE WANT TO HEAR FROM YOU! Contact our Executive Director, Kaleen Deatherage, at kaleen@mhkc.org or via 503-452-7416. Thank you for all that you do for Camp!

MT. HOOD KIWANIS CAMP

★★★ presents ★★★

A 1940's THEMED VICTORY BRUNCH & G.I. JIVE SHOW & DANCE SAVE THE DATE

★★★ APRIL 25, 2015

★★★ OREGON GOLF CLUB ★★★



In the era of ration points, WWII, The Andrews Sisters, and entertainment overseas by Bob Hope, the 1940's also celebrated and focused on freedom- which is what we at Mt. Hood Kiwanis Camp aspire to give our campers. We will be returning to the Oregon Golf Club hosting two separate events in one day – a daytime brunch and an evening gala. Please join us in our mission of empowering children and adults with disabilities.



VICTORY BRUNCH

GOURMET BRUNCH
LIVE & SILENT AUCTION
RAFFLES
ENTERTAINMENT
\$75 per person
11 AM - 2 PM



GI JIVE SHOW & DANCE

ELEGANT DINNER
LIVE & SILENT AUCTION
LIVE 1940's BAND
DANCING
\$200 per person
6-11 PM

To donate, purchase tickets, volunteer, or for sponsorship opportunities, contact **Skye Burns 971-230-2928** or Skye@mhkc.org.



CHARITY GOLF CLASSIC
BENEFITING MT. HOOD KIWANIS CAMP
FRIDAY JUNE 12, 2015
THE RESERVE VINEYARDS AND GOLF CLUB

Tee-off time is 1 pm- shotgun start
Scramble format

Participation fee: \$600 for a golf foursome

Includes: green fees, golf cart, driving range, and dinner reception.

Sponsorships: Start at \$250
Please reserve your foursome by June 1, 2015. RSVP to Skye@mhkc.org or 503.452.7416



HOLE IN ONE COMPETITION PRIZE IS A NEW DODGE CHARGER!



2016

MARK YOUR CALENDAR:
FOR JANUARY 11
CAMP REGISTRATION

save the date
sunday september 13, 2015

mhkc

WALK, ROLL, OR STROLL 2015
OAKS AMUSEMENT PARK

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MT. HOOD KIWANIS CAMP

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Portland, OR 97219-8673

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The Mt. Hood Kiwanis Camp
EMPOWERS children and adults
with disabilities.

Mt. Hood Kiwanis Camp is an
equal opportunity recreation
provider operating under special
use permit on the Mt. Hood
National Forest, USDA Forest Service.