Mt. Hood Kiwanis Camp 10725 SW Barbur Blvd., Suite 50, Portland, OR 97219 503-452-7416

Program Eligibility Standards

Mt. Hood Kiwanis Camp serves individuals from 12 years of age through adulthood who have developmental disabilities. Campers over 50 years of age will be given specially considered, by the Program Team, at the end of each summer to determine if program eligibility will be retained. For the safety of all campers and staff, each camp applicant must meet the following standards. Final discretion falls to the Executive Director, Director of Programs, and/or the Camp Director.

- 1. The applicant must have no outstanding balances for past programs.
- 2. The applicant must have a diagnosed developmental disability appropriate to programming.
- 3. The applicant must be of the appropriate program age by June 15 of the year they attend camp.
- 4. The applicant must not be above 45 years of age the first time they attend a Camp Program.
- 5. Any applicant who has not attended a Camp Program within the last 5 years will be treated as a first time camper; due to possible changes in personality, emotional/communication/behavioral supports, medical needs, and physical changes.
- 6. The applicant must be able to benefit physically, mentally, and/or socially from camp programs and activities.
- 7. The applicant must demonstrate a willingness and desire to participate in the majority of camp activities.
- 8. The applicant must not have an excessive history of violence, including, but not limited to:
 - a. Physical violence towards self or others;
 - b. Physical violence to property, including arson or fire setting;
 - c. Verbal violence aimed at self or others;
 - d. Sexual violence of any kind;
 - e. Requiring constant supervision by a behaviorally (OIS) trained person.
- 9. The applicant must be at a level of health and wellness manageable in a camp setting. Examples of conditions that may <u>not</u> be manageable include but are not limited to:
 - a. Campers requiring mechanical assistance for physical transfers;
 - b. Dependence on technical life sustaining equipment or apparatuses (e.g.: ventilators, tracheostomy)
 - c. Medical conditions requiring 1:1 nursing care (e.g.: unstable diabetes, frequent nursing procedures, and/or those with exorbitant number of medications);
 - d. Campers who are medically unstable (e.g.: due to the process of changing or altering medications);
 - e. Seizures not reasonably controlled by medication;
 - f. Campers with current communicable diseases;
 - g. Campers whose weight exceeds 300 lbs.
- 10. The applicant must be able to maintain a certain level of behavioral continuity manageable in a camp setting. Examples of conditions that may <u>not</u> be manageable include but are not limited to:
 - a. Displays of violent outbursts or behaviors;
 - b. The need for physical restraint due to behaviors;
 - c. Behaviors requiring constant 1:1 supervision by an Oregon Intervention System trained individual;
 - d. The need for a single bedroom to manage night-time behaviors;
 - e. The need to spend the majority of time away from the group. (Examples of reasons for time away from the group include, but are not limited to, behavioral, emotional, sensory, psychological, or medical support needs.)
- 11. The applicant must be adaptable to the group living environment without unduly disruption of the quality of the experience for others. The camper must, at a minimum, be able to do the following:
 - a. Sleep in a dorm-style area without excessive disorderly behavior (e.g. refusal to stay in bunk area, excessive laughing, talking, or yelling, need for continual nighttime behavioral supports);
 - b. Follow the direction of counselors and/or staff;
 - c. Remain with their assigned group (including at night);
 - d. Participate in a majority of the program activities in some capacity.

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- e. Not need to spend the majority of their time away from the group. (Examples of reasons for time away from the group include, but are not limited to, behavioral, emotional, sensory, psychological, or medical support needs.)
- 12. An applicant will not be admitted to camp on the day of check-in if his/her health, in any way, endangers other campers/staff or if there is a problem requiring the attention of a physician. Such conditions are defined as, but are not limited to:
 - a. Feeling ill in any way;
 - b. An open, draining lesion or rash;
 - c. Topical parasites (i.e. lice, scabies, etc.);
 - d. Signs of infectious or communicable disease;
 - e. Temperature of 100 degrees or above

Off-Site Program Eligibility

In addition to the above listed criteria, there are additional eligibility criteria for the Trip/Tent and Travel and Canoe groups (here after known as "off-site programs"). Due to the nature of the off-site programs, applicants interested in these programs must meet the following supplementary criteria:

- a. Must have attended main camp for at least one summer, or been recommended for participation by the Camp Director;
- b. Been recommended by Camp Director and/or Director of Programs
- c. Be able to successfully function on a 2:1 camper to counselor ratio;
- d. Have no medical conditions requiring medication assistance or distribution from a registered nurse (e.g. insulin-dependent diabetes);
- e. Have little to no behavioral issues, including but not limited to running away from the group;
- f. Be able to walk for long distances;
- g. The camper must not need the assistance of a camper-provided care giver;
- h. For tent and travel- be willing to participate in whitewater rafting and other offsite activities.
- i. For tent and canoe- must be able and willing to sleep in a tent with campers of the same sex.
- j. For tent, travel and canoe- five or less medications, vitamins, supplements unless approved by the Healthcare Administrator prior to June 15

Dismissal from Camp

Behaviors and/or medical conditions exhibited by a camper following arrival at camp may necessitate early dismissal. These behaviors and/or medical conditions include but are not limited to:

- a. Displaying behavior(s) or medical condition(s) stated above in Items 6 through 9;
- b. Displaying behavior(s) or medical condition(s) deemed by the Director of Programs, Camp Director(s) or on-site Nurse(s) to be unsafe to remain at camp;
- c. Worsening of medical condition(s) caused by camp setting;
- d. Inability or refusal to eat amounts of food needed for nutritional support;
- e. Inability or refusal to drink any liquids in an 8 hour period;
- f. Inability or refusal to take personal prescription medication;
- g. Inability or refusal to comply with personal care needs. (e.g. Medications, toileting or changing soiled attends, eating, or drinking);
- h. Pre-existing medical condition(s) or behavioral issue(s) not reported on the Mt. Hood Kiwanis Camp application, or at check-in.

Considerable thought and discussion is put into each situation before a camper is dismissed from participating in camp. Before a camper is sent home information about the incident or illness that has occurred is collected by key camp personnel. If a camper is dismissed from camp for behavioral incidents: details about the behavior, the frequency of the behavior, and the intensity of the behavior are all taken into consideration. When at all possible, camp staff will maintain

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an open line of communication with parents/caregivers to exhaust all options prior to the camper being dismissed from camp. Campers dismissed from camp for behavioral or health reasons will undergo a review by the Director of Programs to determine suitability for return to camp to any and all MHKC Programming. The decision will be communicated to the parent/guardians.

Mt. Hood Kiwanis Camp reserves the right to reject applications prior to attendance or to deny admittance to camp upon arrival based on inability to meet program eligibility standards. Mt. Hood Kiwanis Camp reserves the right to dismiss any participant from further participation in the program in the event the staff determines the participant cannot meet the program eligibility standards.

Personal Care Providers/Caregivers

Some campers may need or require the supervision of a camper-provided caregiver. Due to the space constraints at camp, caregiver spots are limited. Campers needing care providers will be accepted on a case-by-case basis. In some cases, MHKC may require the camper to come accompanied by a caregiver. Instances where this may be required are:

- If the camper has high behavioral support needs.
- If the camper uses any marijuana (cannabis) products.
- If the camper needs 24 hour caregiver monitoring, as required by MHKC Administrative Staff
- If the camper requires 24 hour support as part of their Medicaid Supports or Individual Support Plan.

The fee for care providers is \$50 a day and must be paid with the Camp fee. Personal care providers are expected to be with their camper at all times – including at night – and are expected to be able to take care of all aspects of their camper's needs, which may include medication administration, unless informed otherwise by the Director of Programs, Camp Director, and/or Healthcare Administrator. Caregivers are housed in shared housing with/near their camper and are often required to stay in a top bunk. To continue our goal of providing independence for campers, parents are asked not to serve as care providers. Nurses will review the camper's health and the caregiver contract during nursing check-in. Caregiver will review and sign a standard MHKC Caregiver Agreement. For any questions about caregivers, please contact MHKC's Healthcare Administrator, Marta Boylen, email Marta@mhkc.org or by calling 971-230-2925.

Appeal Process

Upon denial of an application to camp, the applicant, parent or legal guardian may file an appeal within the due process procedure as follows:

1. File a written statement with the business office of Mt. Hood Kiwanis Camp, Inc. within thirty (30) days of receipt of denial. Mail the statement to:

Executive Director Mt. Hood Kiwanis Camp, Inc. 10725 SW Barbur Blvd., Suite 50 Portland, OR 97219

- 2. A committee consisting of three Mt. Hood Kiwanis Camp staff, to include the Executive Director and two members of the Mt. Hood Kiwanis Camp, Inc. staff will review the statement within fifteen (15) days of receipt.
- 3. The committee will provide a written reply to the party filing the statement within seven (7) days after the review has concluded.