

Camper Name: _____

Mt. Hood Kiwanis Camp Packing List

Count and record the number of items packed under the "From Home" column. The numbers in parentheses are suggested amounts. Do not pack highly valued clothing or equipment. **Mt. Hood Kiwanis Camp is not responsible for lost or damaged items.**

****PLEASE BRING THIS SHEET TO CAMP****

Count the clothing worn to camp, too!

From Home	Counted at Camp		From Home	Counted at Camp		
	Sun	Fri		Sun	Fri	
						<u>TOILETRIES</u>
						Sun Screen (REQUIRED)
						Insect Repellent
						Bath towel
						Swim towel
						Wash cloth
						Soap and container
						Toothbrush
						Toothpaste
						Comb/brush
						Shampoo/Conditioner
						Deodorant
						Attends or "diapers"
						Feminine Hygiene Products
						Razor & Shaving Cream (if applicable)
						<u>OTHER</u>
						Sunglasses
						Water bottle

						<u>BEDDING</u>
						Bag for dirty bedding/clothes
						Warm sleeping bag
						Extra bedding (if camper wets at night)
						Pillow
						Blanket
						<u>ADAPTIVE EQUIPMENT</u>
						Eating utensils
						Hearing aids
						Communication board
						Ear plugs
						Noise cancelling headphones
						Mobility braces

						<u>SUGGESTED ITEMS</u>
						Camera & Film
						Flashlight
						Timer
						Battery-powered night light
						Music player w/ head phones
						Backpack (day use)
						Favorite (small) item from home

Do not pack money, candy, radios, weapons of any kind, clothing with inappropriate or logos/topics, and anything of value.