



MT HOOD  
KIWANIS  
CAMP

2018 CAMPER  
AND PARENT  
GUIDE

# WELCOME!

TO MT HOOD KIWANIS CAMP

Dear Campers, Parents, Guardians and Care Providers,

Thank you for choosing Mt. Hood Kiwanis Camp for yourself or your loved one's summer camp experience. We have been providing a residential Summer Camp on our campsite along the Little Zig Zag River since 1933. We lease our 22 acre site from the US Forest Service and partner with them in the preservation of this delicate ecosystem.

The Montavilla Kiwanis Club of Portland founded the camp for the purpose of serving disadvantaged youth. The camp became an independent non-profit corporation in 1950. By 1957 the focus changed and the camp began primarily serving individuals with disabilities.

Currently the Camp serves over 500 campers a summer through four different programming options.

On the following pages you will find information about your camper's time at Mt. Hood Kiwanis Camp. Please read the information thoroughly and feel free to contact the Portland Office Monday-Friday 8am-5pm with questions.

Thank you, once again, for selecting Mt. Hood Kiwanis Camp for yourself or your loved one(s).

Sincerely,

Allan Cushing  
Director of Programs  
Allan@mhkc.org  
971-230-2929

Kayla Plessinger  
Camp Director  
Kayla@mhkc.org  
971-230-2931

Kaleen Deatherage  
Executive Director  
Kaleen@mhkc.org  
971-230-2920

Kathy Werschkul  
Program Administrative Coordinator  
Kathy@mhkc.org  
971-230-2923

Marta Boylen  
Healthcare Administrator  
Marta@mhkc.org  
971-230-2925



**NEW IN 2018**  
• Adaptive bike program



## ACA ACCREDITATION

Mt. Hood Kiwanis Camp's Summer Program has been accredited for MANY years by the American Camp Association. We were most recently re-accredited after a thorough review process during summer camp 2017. This accreditation assures our camper families that MHKC's practices have been measured against national standards and industry best practices.



## GENERAL INFORMATION

Celebrating our 85th year, Mt. Hood Kiwanis Camp offers a traditional “sleep over” camp experience for children and adults with disabilities. Located on 22 acres on picturesque Mt. Hood between Government Camp and Rhododendron, Oregon, MHKC is committed to providing recreational opportunities through quality adapted programming, a small camper to counselor ratio, and trained and experienced staff.

Campers get to explore many activities while at camp including:

- Horseback riding
- Hiking
- Zip line
- Climbing wall
- High adventure elements (Flying Squirrel, Giant Swing)
- Swimming
- Canoeing (on beautiful Trillium Lake!)
- Fishing
- Arts and crafts
- Recreation
- Cookouts
- Campfires
- Skit Night
- Bike riding
- White water rafting\*
- Outdoor living skills\*
- And other activities

\* programs require pre-approval

# ELIGIBILITY

For full eligibility requirements see the Eligibility Standards PDF at [www.mhkc.org](http://www.mhkc.org).

Campers interested in attending Mt. Hood Kiwanis Camp must...

- Have a diagnosed developmental disability.
- Be program age eligible by June 15th of the year they attend camp.
- Be able to benefit from Camp physically, mentally, emotionally, and/or socially.
- Show a desire and willingness to participate in camp activities.
- Be free from an excessive history of violence towards self, others, or property.
- Be able to function without 1:1 nursing care or 24 hour nursing care.
- Be able to function without life sustaining equipment.
- Be able to function without the need for constant supervision by a behaviorally (OIS) trained staff member.
- Be able to sleep in a dorm-style setting.
- Be able to remain with their group and listen to the directions of counselors/staff.
- Be free from illness, fever, open sores, rashes, and communicable diseases when they arrive at camp.
- Have no outstanding financial balances.

Campers interested in participating in an Off-Site Program, (Trip & Travel, Tent & Travel, or or our Canoe Program) must...

- Be able to walk long distances.
- Have little to no behavioral needs.
- Have minimal personal care needs.
- Be able to function with a 2:1 ratio.
- Be able to remain with group and follow directions.
- Have no medical conditions requiring supervision by a registered nurse.

Our Camp is able to accommodate campers who need personal care and activities of daily living assistance. Counselors and staff are trained to assist with dressing, toileting, showering, grooming and feeding. Camp provides latex-free gloves and wipes for use with campers.



# PERSONAL CARE PROVIDERS/CAREGIVERS

Some campers may need or require the supervision of a camper-provided caregiver. Due to the space constraints at camp, caregiver spots are limited. Campers needing care providers will be accepted on a case-by-case basis. In some cases, MHKC may require the camper to come accompanied by a caregiver. Instances where this may be required are:

- If the camper has high behavioral support needs.
- If the camper uses any marijuana (cannabis) products.
- If the camper needs 24 hour caregiver monitoring.
- If the camper requires 24 hour support as part of their Medicaid Supports or Individual Support Plan.

The fee for care providers is \$50 a day and must be paid with the Camp fee. Personal care providers are expected to be with their camper at all times - including at night - and are expected to be able to take care of all aspects of their camper's needs, which may include medication administration, unless informed otherwise by the Director of Programs, Camp Director, and/or Healthcare Administrator. Caregivers are housed in shared housing with/near their camper and are often required to stay in a top bunk. To continue our goal of providing independence for campers, parents are asked not to serve as care providers. Nurses will review the camper's health and the caregiver contract during nursing check-in. Caregiver will review and sign a standard MHKC Caregiver Agreement.

For any questions about caregivers, please contact MHKC's Healthcare Administrator, Marta Boylen, email [Marta@mhkc.org](mailto:Marta@mhkc.org) or by calling 971-230-2925.

## CAMP SCHEDULE

### TYPICAL DAY AT MAIN CAMP

7:30 am	Wake up and Cabin Clean-up
8:15 am	Flag
8:30 am	Breakfast
9:15 am	Program Activity
10:45 am	Program Activity
12:30 pm	Lunch
1:15 pm	Rest Time
2:30 pm	Program Activity
4:00 pm	Program Activity
6:00 pm	Flag
6:10 pm	Dinner
7:30 pm	Evening Activity
8:30 pm	Prepare for Bed
9:00 pm	Bed

# SUMMER CAMP PROGRAMS

FOR MALES AND FEMALES, AGES 12 +

## MAIN CAMP

Campers sleep, eat, and spend their time at camp doing activities at our main camp site, except for one offsite trip to go canoeing at Trillium Lake. These campers are assigned to a group and cabin by gender. Main camp is able to accommodate individuals with personal care, behavioral, or medical needs. Camper to counselor ratio - 1:1. Cost: \$1300.

## OFF-SITE PROGRAMS\*

### TRIP & TRAVEL

Campers sleep, eat, and spend a majority of their time doing activities at our main camp site. These campers take trips off-site during the week to do activities like white water rafting and canoeing. Campers sleep in a cabin. Camper to counselor ratio - 2:1. Cost: \$1375.

### TENT & TRAVEL

Campers sleep, eat, and spend a majority of their time doing activities at our main camp site. Campers take additional trips off-site during the week to do activities like white water rafting and canoeing. Campers sleep in platform tents on property. We aim to maintain our camper to counselor ratio - 2:1. Co-ed. Cost: \$1375.

### CANOE CAMP\* (Available weeks 5-8)

Campers sleep, eat, and spend a majority of their activity time at Trillium Lake canoeing and hiking. They sleep in tents and spend meals and evenings around their campfire at Trillium Lake. Campers assist in making their own meals and take various hikes. These campers come to main camp to participate in some of our camp activities such as horseback riding and the adventure course. This program is geared towards campers who want a greater level of independence at camp, but who want to have a slower pace than our other Off-Site programs. We aim to maintain our camper to counselor ratio - 2:1. Co-ed. For campers ages 18+. Cost of camp: \$1375.

MAIN CAMP	TENT AND TRAVEL*	TRIP AND TRAVEL*	CANOE PROGRAM*
6 days, 5 nights	6 days, 5 nights	6 days, 5 nights	6 days, 5 nights
Weekly 6/24- 8/17	Weekly 6/24 - 8/17	Weekly 6/24 - 8/17	Weekly 7/22- 8/17
Ages 12+	Ages 12+	Ages 18+	Ages 18+
Sleep in Cabins	Sleep in Platform Tents	Sleep in Cabins	Sleep in Camping Tents
\$1300 per week	\$1375 per week	\$1375 per week	\$1375 per week
1:1 camper to counselor ratio	2:1 ratio	2:1 ratio	2:1 ratio

Pre-Approval Required!

*\*These programs require a high level of mobility, little to no behavioral needs, minimal personal care needs and controlled medical needs. Must be able to function with a 2:1 ratio, remain with group, and follow directions.*

# STAFF

Every summer MHKC trains and employs qualified and dedicated individuals who serve as our staff members. Many of our staff members return and offer many years of Camp experience. Our staff all have a love and desire for working with individuals with disabilities.

Each camper group is supervised by two staff members. Our Counselor Supervisors (CS) and Assistant Counselor Supervisors (ACS) are the heart of our Camper Care Team. Upon arrival at Camp you and your camper will be greeted at your car by your camper's counselor and either his/her CS or ACS.

# UNIVERSITY PARTNERS

In addition to our staff members, we have approximately 250 students from Portland State University and Pacific University who serve as our counselors each summer. Students from a multitude of majors can choose to complete a course as a counselor for two weeks and experience the magic of MHKC. MHKC provides counselors a course in basic caregiving for individuals with disabilities prior to the arrival of campers. Counselors and campers are overseen by our professional staff. Thanks to our partnership with Portland State University - which extends back to 1972 - we are able to offer a 1:1 camper to counselor ratio for the majority of our Main Camp campers and a 2:1 camper to counselor ratio for our Off-site and Canoe campers.

# SPEECH LANGUAGE PATHOLOGY

We also employ a certified Speech Language Pathologist (SLP) during the first three days of each camp week. Our SLP helps with our campers' communication and feeding needs, and educates our staff and counselors how to best support those campers. Our SLP is available during check-in to gather information on your camper's communication and feeding needs. We have many SLP aids such as written schedules, picture schedules, dry erase communication boards, clock timers, and picture flip key chains. We also see many campers each summer who need their meals adapted. Our SLP feeding table in Fanning Dining Hall is equipped with blenders. **Please bring any other special dining accommodations (utensils, plates, cups, thickeners) with you to Camp.**

# BEHAVIORAL SPECIALIST

We provide a Behavioral Specialist on staff from Sunday to Tuesday afternoon (and all week when our youngest campers are with us). Our Behavioral Specialist works closely with campers who need more support transitioning to camp. Our Behavioral Specialist is on hand during check-in to gather information about your camper's behavioral support needs. Additionally, many of our staff are trained in the Oregon Intervention System. Please send any behavioral support plans at least two weeks prior to your camper attending Camp.

# CAMP IS PEOPLE



# FIRST AND LAST DAY OF CAMP

## SUNDAY DROP OFF

Each camper will be given an assigned drop-off time. Those drop-off times will range from 1pm- 5pm depending on the camper. Your camper's drop-off time will be communicated to you through email prior to your camper's week at camp. Due to the high volume of campers and necessity to keep the flow of check-in moving, the Director of Programs and Camp Director, in conjunction with the Health Care Administrator have carefully assigned your check-in time and are NOT open to requests. Please plan accordingly. Depending on your assigned drop-off time, staff at the front gate will allow cars to enter camp property as parking spaces become available. Due to our tiered drop-off time slots, if you arrive before your assigned drop-off time, you will be asked to wait until your scheduled time to allow check-in to run more smoothly.

\*Time slots are subject to change based on program team discretion or parking lot availability. We will do our best to ensure the schedule is kept. Thank you for your cooperation and patience as we are always learning and growing. Please drive slowly in camp.

Your camper's counselor and their ACS or CS will greet you at your car and help guide you through the check-in process. Please leave all your camper's belongings in your car until your camper's counselor or staff directs you otherwise. You will need your camper's medications with you at nursing check-in.

After you meet your camper's counselor, you will all enter Laurel Lodge for check-in, meet with our SLP and Behavioral Specialist and purchase Camp swag if desired. After this, you will all proceed to Fanning Dining Hall for nursing check-in. Campers check-in with the nurse assigned to their group for the week. All campers, regardless of whether or not they take medication, must see a nurse at check-in. While waiting for the nurse, we encourage you to discuss any information you feel will be helpful during the week with your camper's counselor. During nursing check-in, please have all your camper's medications, vitamins, supplements, and doctor's orders with you.

Following nurse check-in, you and your counselor will assist your camper in getting settled in their bunk. Luggage carts are available to help move your camper's things to their cabin. Parents and guardians are urged to leave camp shortly thereafter so the next family can begin the check-in process and campers can begin participating in camp activities.

## FRIDAY PICK-UP

Check-out on Friday is from 11am-12noon. Unless pre-arranged with the Director of Programs, campers will not be released to parent(s)/guardian(s) prior to the 11am check out time. Campers will only be released to the person(s) with ID and named on the camper release form.

When you arrive at Camp please form a line of cars on Road 39 behind the Camp gate. The gate will open at 11am sharp. **Please be sure to have a photo ID ready to present at the gate.** Staff will let you into Camp as parking spots become available. On the way into Camp your first stop is with our nurses, where medication is returned. You'll then be directed to a parking spot, and be greeted by your camper and their counselor. Please feel free to take a few minutes to talk with your camper's counselor about their week.

Adherence to the Friday pick-up schedule is greatly appreciated. A late fee of \$30 will be assessed for every half-hour past the scheduled departure time.

## TRANSPORTATION

Mt. Hood Kiwanis Camp does not provide transportation to and from Camp. Campers are required to find their own rides.



# MAIL AND PACKAGES



Campers love hearing from home during their week at camp. Letters and packages are welcome. Mail is distributed daily. Sending mail prior to the camp week works best. Typically mail sent while your camper is at Camp will not arrive in time for your camper to receive it. There are three easy ways to communicate with your camper during the week.

1.) Send a letter, post card, or package through USPS please address the mail as follows:

**Mt. Hood Kiwanis Camp  
Camper's Name, Group Letter (if known)  
P.O. Box 206  
Rhododendron, OR 97049**

2.) Drop off your letters/postcards/packages in our mailbox located on the front porch of Fanning Hall during check-in.

3.) Log on to your MHKC CampInTouch account, purchase "Camp Stamps" and send an email letter to your camper. The Camp Director will print and distribute these daily.

If you send (or drop off) multiple letters/post cards please notate which days you would like your camper to receive which letter/post card.

# COMMUNICATION

Parent(s)/guardian(s) may contact Camp to get a report on how their camper is doing from the Director of Programs or a Camp Director at 503-272-3288. Our Directors are in and out of the office regularly providing care and support, and they will get back to you as soon as possible. If you attempt to call either the Portland or Camp Offices on weekends you will be prompted to leave a voice message and your call may not be returned until Monday. The Portland voicemail is not checked on weekends.

Campers do not have free access to a Camp telephone. In the event a camper requests to make a phone call, permission to do so is granted at our Directors' discretion.

We suggest you do NOT send your camper with a cell phone. Cell phones can be very distracting for some campers and are not allowed to be utilized for a majority of the day. They are also easily broken and misplaced. MHKC is not liable for lost or broken items.

All campers at MHKC make and leave Camp with a journal from their time at Camp. This helps campers reminisce about their adventure, and allows parents and guardians to get a small glimpse into their camper's week.

# LIVING ARRANGEMENTS

Main Camp campers stay in one of our two camper cabins, males in Hemlock and females in Cy Lodge. All campers are housed with their assigned camper group (typically 8-9 campers in a group). Males stay in one of three areas in Hemlock – with multiple bunk beds in each area. Females in Cy Lodge are housed in rooms with two bunk beds per room. Occasionally, to meet the needs of our campers, we set up individual camping tents on the porch of Hemlock or in the living room of Cy. Overnight duty counselors sleep near the camper rooms and tents during the night. Campers in the Tent and Travel program share platform tents divided by gender in Upper Barlow – a campsite near our Adventure Course. Campers in our Canoe program share traditional tents at Trillium Lake campground.

All attempts are made to place friends in the same camper group. Please be sure to list these requests on your camper's application. Not all requests can be guaranteed.

Both Hemlock and Cy Lodge have attached bathroom facilities with plenty of sinks, showers, and toilets for all. A note on showers: due to our busy and full camp schedule, campers do not take showers on a daily basis. All Main Camp and Off-Site campers take showers twice throughout the week. If your camper needs showers on a more regular basis, please speak with your camper's CS or ACS upon arrival.

# FOOD AT CAMP

Meals are served family style in Fanning Dining Hall. Campers sit together with their groups for all meals. Once throughout the week each group has a cookout style dinner at one of our fire pits. Additionally, every Thursday night is our camp BBQ which is held outside (weather permitting) at our picnic tables. Snacks are available throughout day.

Our kitchen team works hard to accommodate most camper dietary needs. If your camper has strict dietary needs please speak with the Camp Director. If we are unable to accommodate your camper's dietary needs you may bring prepared food for them. We have a standard-size refrigerator in Fanning Dining Hall. If your camper is a particularly picky eater, please bring food to supplement your camper's diet. For questions contact our Camp Director, Kayla Plessinger at [Kayla@mhkc.org](mailto:Kayla@mhkc.org) or 971.230.2931.

Our Camp Nurses help facilitate dietary needs and carbohydrate counting for campers with diabetes. However, we cook all our food family style and are unable to pinpoint the exact number of carbohydrates. If your camper needs strict carb counting please speak with the Health Care Administrator Marta Boylen, RN at [Marta@mhkc.org](mailto:Marta@mhkc.org).



The following are some of the dietary needs for which we can make some accommodation:

- Gluten free\*
- Dairy free\*
- Egg free\*
- Vegetarian
- Pureed diets
- Thickened diets



**\* Campers with these food needs are asked to bring along food and snacks to supplement their diet.**

**\* We are not a gluten free kitchen.**



# PACKING FOR CAMP

Campers spend a great deal of time outside. It's important to prepare for any weather. Even on those 85+ degree days it gets fairly cool at night.

Please see the "What to Bring" PDF on our website for complete packing list!

## PACKING LIST

### Toiletries

Sunscreen  
Bug Spray  
Soap  
Shampoo/Conditioner  
Toothbrush  
Toothpaste  
Brush/Comb  
Deodorant  
Razor/Shaving Cream  
Feminine Hygiene  
Products

### Clothing

T-shirts  
Sweatshirt  
Shorts  
Jeans/pants  
Jacket  
Underwear  
Tennis shoes  
Bathing suit  
Raincoat  
Boots  
Socks  
Hat/cap  
Warm pajamas

### Linens

Bag for dirty laundry/  
linens  
Warm sleeping bag  
Extra bedding  
Pillow(s)  
Blanket  
Bath Towel  
Wash cloth  
Swim Towel

### General

Sunglasses  
Water Bottle  
Flashlight  
Camera



### LAUNDRY

Laundry at Camp is done as needed for soiled clothing and linens. Please be sure you are sending enough clothing for the entire week at camp. Laundry soiled Thursday night or Friday morning will not have time to be laundered prior to pick-up.

### ADAPTIVE EQUIPMENT

If your camper requires adaptive equipment, please label it and bring it to Camp. Possible adaptive equipment may include: eating utensils, C-PAP, hearing aids, communication boards/books, communication devices, ear plugs, noise cancelling headphones, mobility braces, etc...

### THEME WEEKS

Each week at Camp has a corresponding theme. Themes are listed on our website around registration time. Campers are encouraged to dress the part and join us in celebrating the theme of the week. Past themes have included Rich and Famous, Pirates, Luau, and Western!

### LOST AND FOUND

We make every effort to return lost and found items while your camper is in Camp. Please label items plainly with your camper's first and last name (or initials) to help staff identify the owner of the lost and found items. Unclaimed items will be brought to the Camp entrance during Friday pick up. Please check to see if any of the unclaimed items are your campers. Items that come back to the Portland office will be held for 60 days and then donated to a local charity. During that period, lost and found items can be mailed home at the camper's expense. MHKC is not responsible for lost, stolen, or damaged articles/belongings.

# HEALTH AT CAMP

Camper health is one of our top priorities. We employ several Registered Nurses every year who are on property 24 hours a day to ensure the health and welfare of our Camp Community. Our nurses perform tasks which include, but are not limited to, administering medications, taking care of basic health and first aid needs, and serving as Camp's first professional line of care in an emergency.

Please read the information below to help ensure your camper's health and wellness while at Camp.

## HEALTH CARE PAPERWORK

**Completed Health History and Physician's Exam are required for every camper.**

- The Health History is completed online and is filled out by the parent(s)/ guardian(s)/ caregiver(s) of the camper. The Health History form gives pertinent medical history on the camper; e.g. allergies, dietary needs, medications, prior physical health history, mental health history, and recent life changes. We have a new Health History Form that must be filled out in its entirety each year. **DUE March 1.**
- The Physician's Exam must be filled out by a Licensed Medical Provider no more than 12 months prior to the camper attending camp. This form gives us information from the camper's primary Medical Provider. **DUE May 15.**

All forms are available in your CampInTouch account once your camper is officially enrolled. **Failure to complete this paperwork by the posted due dates will result in your camper being moved to the Waitlist.**

## MEDICATIONS

Our Camp Nurses only administer medication, vitamins, or supplements prescribed by a doctor. This includes ALL medications at Camp, whether prescription, or over-the-counter (including vitamins and supplements):

**Important:** Due to state and federal regulations, no MHKC staff member or volunteer (nursing or otherwise) can administer any and all marijuana (cannabis) products. These products can only be administered by a camper-provided caregiver. If you have any questions, please contact MHKC's Healthcare Administrator, Marta Boylen at [Marta@mhkc.org](mailto:Marta@mhkc.org).

- MUST have a current doctor's order (a current and accurate pharmacy label suffices).
- All prescription medication must be in original pharmacy packaging with the current dosage and medication information on the printed labels.
- All over-the-counter medication (including vitamins and supplements) must arrive in the original bottle and Camp Nurses must have a doctor's order to administer.

Be certain all doctor's orders are CURRENT before bringing medication to Camp or our nurses will be UNABLE to administer the medication until a current order is received. Please call the Health Care Administrator prior to camp starting if you have questions about medications or doctor's orders. HCA Contact: Marta Boylen at [Marta@mhkc.org](mailto:Marta@mhkc.org) or 971.230.2925.



## NURSING CHECK-IN

Due to American Camp Association standards, ALL campers, whether or not they take medication, must see a nurse at check-in. Our nursing check-in takes place in Fanning Dining Hall. Campers check in with the nurse assigned to their group for the week. Arriving at your scheduled time is critical for everyone's timely check-in. Check-in often takes some time so we can be thoroughly prepared to care for your loved one. Please plan ahead and be prepared for this lengthier step in the check in process.

All camper's parent(s), guardian(s) and/or caregiver(s) must remain at Camp with their camper until they have finished the nursing check-in visit. Nurses will review health history information, check the camper's current state of health, review any protocols or forms, and check in the camper's medications, vitamins and supplements.

**\*Often families are scheduled to leave town or catch a flight the same day they drop off a camper. Please account for the length of camper check-in when booking flights or making travel arrangements.**

### HEALTH AT CAMP

Our nurses stay in communication with the camper's parent(s)/guardian(s)/caregiver(s) if there is a concern about the camper's health during the week. To remain at Camp, all campers must be able to maintain a general level of health and wellness. Sometimes a camper becomes too ill and must be sent home. Additionally, a camper will be sent home if they are not eating or drinking enough, or if they are refusing to take their medication. In such instances the parent(s)/guardian(s)/caregiver(s) are called and will need to pick up their camper early. If you plan on being out of town, please inform your camper's emergency contact that they may be responsible for picking up your camper.

# HOW TO REGISTER

Registration for Summer Camp occurs the second Monday in January of every year. The exact date of registration is always posted on our website ahead of time.

Prior to the registration date please be sure to have thoroughly read this Parent Guide and spoken with the Camp Office about any questions you may have. Contact Kathy at 971-230-2923 for general Camp or registration questions.

We currently use an online registration system called CampMinder. Please see below for steps on how to register. Please note: Camp fills up quickly so register as soon as possible.

Step 1: Application: Apply online using the link on the registration page of our website ([www.mhkc.org](http://www.mhkc.org)). After entering basic information, an account will be created for you. This is how you access your camper's application, forms, and financial information from then on so please remember your log-in email and password for later use. Once you complete the application form, you will receive an email confirming the form was submitted. Please note submitting the application is only indicates your *intent to enroll* - it is not a confirmed enrollment. See step 2.

Step 2: Enrollment: Camp staff reviews all applications to ensure we are able to safely meet the support needs of your camper. Following successful review, you will receive an email update **confirming** enrollment of your camper into camp. Depending on the number of applications submitted, it could take **up to 22 business days** to confirm acceptance.

**Applications will be accepted on a first come, first served basis providing we can safely meet the support needs of the camper. We will process the applications as quickly as possible, and will make every effort to accommodate your first or second choice of weeks. We appreciate your patience during this process.**

Step 3: Fees: Once you receive the confirmation enrollment email, you will be emailed a bill for your Enrollment Processing Fee & (if applicable) Activity Fee. **These fees are due, by FEBRUARY 22nd.** The fees can be paid online with a credit card (Visa, MasterCard, Discover) or by mailing a check to our office. If this poses a problem for you, please call the Camp office at 503.452.7416. Fees for enrollment processing confirmed after February 15th are due within one week of enrollment confirmation. Failure to pay fees on time will result in the camper being moved to the waitlist.

Step 4: Additional Forms: All additional forms can be accessed through your Camp In-Touch account, including Health History and Physical Exam forms. These forms will populate after enrollment is confirmed. All forms should be submitted as soon as possible. Please pay attention to due dates or your camper may be transferred to the waitlist.

Step 5: Tuition can be paid either in full or broken up into four monthly payments. Tuition must be paid in full by June 15th. Campers will not be able to attend camp if there is any outstanding balance.

# PAYMENT / FINANCIAL AID

## COST OF CAMP

- \$1300 for Main Camp  
(Tuition Fee \$1,161.25, Enrollment/Processing Fee \$138.75 )
- \$1375 for Trip/Tent and Travel groups  
(Tuition Fee \$1,161.25, Enrollment/Processing Fee \$138.75, Activity Fee \$75 )
- \$1375 for the Canoe Program  
(Tuition Fee \$1,161.25, Enrollment/Processing Fee \$138.75, Activity Fee \$75 )
- \$50 per day for a caregiver to attend with the camper (\$250/week)

## PAYMENTS

MHKC offers two payment options:

- 1) Pay in full
- 2) Break the tuition fee into 4 equal payments

## CAMPERSHIP PROGRAM

Although MHKC's year round fundraising efforts cover over 60% of the total cost of camp, we recognize that the \$1300/\$1375 total fee to families can cause a financial hardship. To lessen this burden we offer a modest campership program to assist our families. Campership review and notification will begin March 1st. Campership applications are available on our website at [www.mhkc.org](http://www.mhkc.org) under Financial Aid. Questions may be directed to Kathy at 971.230.2923 or [Kathy@mhkc.org](mailto:Kathy@mhkc.org).

## ADDITIONAL SUPPORT

Campers receiving services from a brokerage may choose to have Camp added to their yearly plan. Please speak with your Personal Agent prior to registration to see if adding Mt. Hood Kiwanis Camp to your camper's yearly plan is an option.

# DIRECTIONS TO CAMP



## FROM 84-E

1. Head East on I-84
  2. Take exit 17 towards Marine Dr. /Troutdale
  3. Turn right on SW 257th Ave.
  4. Follow SW 257th/NE Kane Dr. for 4 miles
  5. Turn right onto SE Palmquist Rd.
  6. Take a left onto US-26 E/Mt. Hood Hwy.
  7. Follow 26-E for about 33 miles.
  8. Turn left onto E. Kiwanis Camp Rd. (Road 39).
- 



## FROM I-5N

1. Head North on I-5
  2. Merge onto I-205N
  3. Take exit 12 for OR-212E/OR-224E toward Estacada/Mt. Hood
  4. Turn right onto OR-212 E
  5. Follow OR-212 E for 11 miles
  6. Take a slight right towards US-26E/Mt. Hood Hwy.
  7. Merge onto US-26E
  8. Continue for 27 miles.
  9. Turn left onto E. Kiwanis Camp Rd (Rd. 39).
- 



## FROM US-97N

1. Head North on US-97
2. Continue for 42 miles
3. Continue on to US-26W/NW 5th St.
4. Continue to follow US-26W for 68 miles
5. Turn right onto E. Kiwanis Camp Rd. (Rd. 39).

There is a brown Mt. Hood Kiwanis Camp sign on the south side of US-26 pointing to E. Kiwanis Camp Rd/Road 39. The sign is about 4 miles east of the Dairy Queen in Rhododendron or about 4.5 miles west of Mt. Hood Ski Bowl.

The entrance to MHKC is about 2 miles up E. Kiwanis Camp Rd. on your right.

If using GPS use the following address: 83500 E. Kiwanis Camp Rd. Government Camp, OR 97028.



# VISITING CAMP

During Summer Camp there are limited opportunities for guest and visitors to come to Camp. All visits must be approved by the Director of Programs at least 24 hours in advance. Guests and visitors must sign in at the Camp Office, wear a visitor's badge, and be accompanied by a member of Mt. Hood Kiwanis Camp's staff for the length of their visit. MHKC reserves the right to ask anyone to leave property at any time.

We encourage first time campers to visit camp with their parent(s)/guardian(s)/caregiver(s) prior to attending. Arrangements must be made with the Director of Programs ahead of time. Families can also visit camp during Thursday night barbecues at Camp. Contact the Camp Office at 503-452-7416 for more information.

# AFTER CAMP

Keep up with Mt. Hood Kiwanis Camp all year long—check out our website, Facebook page, and YouTube account!

